Free reading Handbook of emotions 3rd edition (Read Only)

Handbook of Emotions, Third Edition

2008-04-17

widely regarded as the standard reference in the field this handbook comprehensively examines all aspects of emotion and its role in human behavior the editors and contributors are foremost authorities who describe major theories findings methods and applications the volume addresses the interface of emotional processes with biology child development social behavior personality cognition and physical and mental health also presented are state of the science perspectives on fear anger shame disgust positive emotions sadness and other distinct emotions illustrations include seven color plates

Emotion

2011-01-01

drs james w kalat and michelle n shiota wrote emotion in response to a growing need for a broad based text on the topic now in its second edition this text includes the most recent research to reflect new thinking about the area of emotion and surveys both theoretical and practical topics ranging from neuroscience to development and culture it also includes a strong emphasis on research methods and measurement blending unprecedented scholarship with a friendly and accessible writing style this text resonates with students by making the study of emotion both interesting and relevant important notice media content referenced within the product description or the product text may not be available in the ebook version

Emotion

2011

dacher keltner keith oatley and jennifer jenkins s understanding emotions 3rd edition emphasizes the value of emotions and explores the latest research with practical concerns for clinical problems education and everyday understanding the text

extends across a broad range of disciplines and covers the entire lifespan from infancy to adulthood it includes sections on the study of emotion the different elements of emotion evidence of how emotions govern and organize social life and emotion and individual functioning including psychological disorders and wellbeing furthermore the text offers combined chapters on evolutionary and cultural approaches studies of new expressions love desire as well as new systems of communication touch music findings on emotion and the central nervous systems and studies on the role of emotion in moral judgment discussions of how popular and classical movies emphasize emotions show how to keep an emotion diary to track one s emotions and interactions the text includes boxes on emotional intelligence and how to improve it as well as scales of assessing the self boxes on emotions in art and literature and positive psychology boxes are also new editions to this issue

Understanding Emotions

2013-01-29

this new textbook is the first book to fully span the fast growing field to research on emotions it ranges across a broad range of disciplines covering the entire lifespan from infancy to adulthood its main theme is that emotions have functions they set priorities among our concerns and they provide the underlying structure of human friendships to the excitements of sexuality understanding emotionsd is designed as a textbook for second and third year university courses and the text itself is fully supported by introductions and summaries suggestions for further reading plus a comprehensive bibliography and a glossary

Understanding Emotions

1996-02-13

this book has been replaced by handbook of emotion regulation third edition isbn 978 1 4625 4941 2

Handbook of Emotion Regulation

2013-12-17

this fully updated third edition of the highly praised cognition and emotion provides a comprehensive overview of contemporary research on both normal emotional experience and the emotional disorders the book provides a comprehensive review of the basic literature on cognition and emotion it describes the historical background and philosophy of emotion reviews the main theories of normal emotions and emotional disorders and the research on the five basic emotions of fear anger sadness anger disgust and happiness the authors provide a unique integration of two areas which are often treated separately the main theories of normal emotions rarely address the issue of disordered emotions and theories of emotional disorders e g depression post traumatic stress disorder and phobias rarely discuss normal emotions the book draws these separate strands together introducing a theoretical framework that can be applied to both normal and disordered emotions cognition and emotion provides both an advanced textbook for undergraduate and postgraduate courses in addition to a novel approach with a range of implications for clinical practice for work with the emotional disorders

Cognition and Emotion

2015-08-20

widely regarded as the standard reference in the field this handbook comprehensively examines all aspects of emotion and its role in human behavior the editors and contributors are foremost authorities who describe major theories findings methods and applications the volume addresses the interface of emotional processes with biology child development social behavior personality cognition and physical and mental health also presented are state of the science perspectives on fear anger shame disgust positive emotions sadness and other distinct emotions illustrations include seven color plates

Emotions and Essential Oils Wheel

2017-09-07

Handbook of Emotions

2010-11-03

the bestselling practical and reassuring guide to overcoming self defeating thoughts and behaviours using cognitive behavioural therapy change your thinking is the bestselling guide to managing upsetting emotions by learning to think in a healthy and balanced way it provides practical strategies for overcoming negative thoughts and behaviours and taking control of emotions such as anxiety depression frustration anger and guilt it also describes techniques for enhancing self esteem improving communication skills and developing greater personal happiness change your thinking is based on the principles of cognitive behaviour therapy cbt the psychological approach used by therapists all over the world sarah edelman explains cbt in a clear and compassionate way this edition also contains a brand new chapter on mindfulness demonstrating how mindfulness techniques can be integrated with cbt strategies normally i don t think books like this are very helpful but change your thinking is really helping me to change my life when i started reading it i immediately felt like i could get back in control and actually improve what i had accepted as the status quo the author gives a lot of simple tips that work and the exercises are a big help i highly recommend this book to anyone suffering from anxiety or depression one of the many positive customer reviews

2000-09

cancer and emotion a practical guide to psycho oncology third edition jennifer barraclough consultant in psychological medicine oxford radcliffe nhs trust oxford uk emotional aspects of cancer affect patients their partners and families and the staff providing care most of those involved experience emotional distress some develop severe anxiety depression or other psychiatric syndromes whether emotional factors influence the medical prognosis of cancer remains uncertain but there is no doubt that emotional aspects of this disease are central to patients quality of life many of the common problems can be prevented or treated effectively provided their importance is recognised cancer and emotion is a descriptive introduction to adult psycho oncology primarily written for healthcare professionals in oncology palliative care general practice and mental health it will also appeal to interested lay readers including patients this third edition has been updated throughout with expanded coverage of some topical issues including psychological aspects of cancer pain holistic approaches to cancer and organisation of a psycho oncology service the book also contains numerous personal accounts written by patients themselves

Change Your Thinking [Third Edition]

2013-02-01

the history of emotions is one of the fastest growing fields in current historical debate this is an introduction to the field synthesising the current research and offering direction for future study moving beyond the traditional debate between social constructivist and universalist theories of emotion

Cancer and Emotion

1999-01-26

for more than a decade there has been growing interest and research on the pivotal role of emotions in educational settings this ground breaking handbook is the first to highlight this emerging field of research and to describe in detail the ways in which emotions affect learning and instruction in the classroom as well as students and teachers development and well

being informed by research from a number of related fields the handbook includes four sections section i focuses on fundamental principles of emotion including the interplay among emotion cognition and motivation the regulation of emotion and emotional intelligence section ii examines emotions and emotion regulation in classroom settings addressing specific emotions enjoyment interest curiosity pride anxiety confusion shame and boredom as well as social emotional learning programs section iii highlights research on emotions in academic content domains mathematics science and reading writing contextual factors classroom family and culture and teacher emotions the final section examines the various methodological approaches to studying emotions in educational settings with work from leading international experts across disciplines this book synthesizes the latest research on emotions in education

The History of Emotions

2017-07-06

interest in human emotion no longer equates to unscientific speculation 21st century humanities scholars are paying serious attention to our capacity to express emotions and giving rigorous explanations of affect in language we are unquestionably witnessing an emotional turn not only in linguistics but also in other fields of scientific research emotion in discourse follows from and reflects on this scholarly awakening to the world of emotion and in particular to its intricate relationship with human language the book presents both the state of the art and the latest research in an effort to unravel the various workings of the expression of emotion in discourse it takes an interdisciplinary approach for emotion is a multifarious phenomenon whose functions in language are enlightened by such other disciplines as psychology neurology or communication studies the volume shows not only how emotion manifests at different linguistic levels but also how it relates to aspects like linguistic appraisal emotional intelligence or humor as well as covering its occurrence in various genres including scientific discourse as such the book contributes to an emerging interdisciplinary field which could be labeled emotionology transcending previous linguistic work and providing an updated characterization of how emotion functions in human discourse

International Handbook of Emotions in Education

2014-04-16

stress in the dsm is referred to only in the sense of post traumatic stress disorder ptsd however some research studies estimate up to two thirds of illnesses seen by general practitioners are stress related gi problems sleep disturbance mental concentration headaches fatigue shortness of breath high blood pressure dermatitis illnesses from lowered immune system and vague aches and pains all can be symptoms and outcomes of the elusive stress factor this issue of psychiatric clinics of north america discusses the scientific medical facets of stress written by mental health and medical practitioners it looks at the brain body connection of stress what the body does to result in stress and varying results stress has on the body this fascinating cross discipline look at stress is intended for psychiatrists general practitioners cardiologists gi specialists neurologists sleep medicine specialists respiratory specialists and others who diagnose and treat patients with stress suspected as part of the illness equation or with self reported stress topics include measurement of stress anxiety and stress how they work together relationship between genetics and stress role of glia in stress sleep and stress diet and stress supplements and stress effect of severe stress on early brain development attachment and emotions role of stress and fear on the development of psychopathology expressions of stress in psychiatric illness dermatologic manifestations of stress in normal and psychiatric populations humor and the psychological buffers of stress stress expression in children and adolescents stress in service members stress in the geriatric population

Emotion in Discourse

2019-03-15

this book describes maturity in understandable and practical terms if you want to know what it means to be mature this book is for you if you want to know how to live a mature life this book is for you if you want to grow up or know what it means to grow up this book is for you with all our means of communication and education how is it possible that many fundamental concepts and principles continue to remain a secret or a mystery to most people what kind of educational

system can call itself education and fail to discuss and explore fundamental human qualities like maturity the research for this book uncovered a myriad of different ways of approaching the same basic answer for the secret of maturity maturity is responsibility most of the answers to what is maturity come from either psychology or philosophy

Stress in Health and Disease, An Issue of Psychiatric Clinics of North America,

2014-12-27

this in depth exploration of emotions in the ancient near east illuminates the rich and complex worlds of feelings encompassed within the literary and material remains of this remarkable region home to many of the world's earliest cities and empires and lays critical foundations for future study thirty four chapters by leading international scholars including philologists art historians and archaeologists examine the ways in which emotions were conceived experienced and expressed by the peoples of the ancient near east with particular attention to mesopotamia anatolia and the kingdom of ugarit from the late uruk through to the neo babylonian period ca 3300 539 bce the volume is divided into two parts the first addressing theoretical and methodological issues through thematic analyses and the second encompassing corpus based approaches to specific emotions part i addresses emotions and history defining the terms materialization and material remains kings and the state and engaging the gods part ii explores happiness and joy fear terror and awe sadness grief and depression contempt disgust and shame anger and hate envy and jealousy love affection and admiration and pity empathy and compassion numerous sub themes threading through the volume explore such topics as emotional expression and suppression in relation to social status gender the body and particular social and spatial conditions or material contexts the routledge handbook of emotions in the ancient near east is an invaluable and accessible resource for near eastern studies and adjacent fields including classical biblical and medieval studies and a must read for scholars students and others interested in the history and cross cultural study of emotions

The Secret of Maturity, Third Edition

2012-11-14

this edited collection offers a wide range of essays showcasing current research on emotions in tv series the chapters develop from a variety of research traditions in film television and media studies and explores american british nordic and spanish tv series

The Routledge Handbook of Emotions in the Ancient Near East

2022-08-30

how emotions are made did what all great books do it took a subject i thought i understood and turned my understanding upside down malcolm gladwell author of the tipping point when you feel anxious angry happy or surprised what s really going on inside of you many scientists believe that emotions come from a specific part of the brain triggered by the world around us the thrill of seeing an old friend the fear of losing someone we love each of these sensations seems to arise automatically and uncontrollably from within us finding expression on our faces and in our behaviour carrying us away with the experience this understanding of emotion has been around since plato but what if it is wrong in how emotions are made pioneering psychologist and neuroscientist lisa feldman barrett draws on the latest scientific evidence to reveal that our common sense ideas about emotions are dramatically even dangerously out of date and that we have been paying the price emotions aren t universally pre programmed in our brains and bodies rather they are psychological experiences that each of us constructs based on our unique personal history physiology and environment this new view of emotions has serious implications when judges issue lesser sentences for crimes of passion when police officers fire at threatening suspects or when doctors choose between one diagnosis and another they re all in some way relying on the ancient assumption that emotions are hardwired into our brains and bodies revising that conception of emotion isn t just good science barrett shows it s vital to our well being and the health of society itself

Emotions in Contemporary TV Series

2016-04-08

How Emotions Are Made

2017-03-23

synthesizes theory methods and applications of research on interpersonal emotion dynamics associated with the development and maintenance of close relationships

2020-08

in this book christine tappolet offers readers a thorough wide ranging and highly accessible introduction to the philosophy of emotions it covers recent interdisciplinary debates on the nature of emotions as well as standard theories of emotions such as feeling theories motivational theories and evaluative theories the book includes discussions of the alleged irrationality of emotions and looks into the question of whether emotions could not in some cases contribute positively to theoretical and practical rationality in addition the role of emotions in the theory of virtues and the theory of values receives a detailed treatment finally the book turns to the question of how we can regulate and even educate our emotions by engaging with music and with narrative art the overall picture of emotions that emerges is one that does justice to the central role that emotions play in our lives conceiving of emotions as crucial to our grasp of values as an opinionated introduction the book doesn t pretend to be neutral but aims to engage readers in contemporary debates each chapter closes with questions for further discussion and suggestions for further reading key features written for advanced undergraduates suitable as the

main text in a philosophy of emotion course or as a complement to a set of primary readings includes useful features for student readers like introductions study questions and suggestions for further reading in each chapter considers whether emotions interfere with our reasoning or whether they can in some cases help us to be more rational argues against basic emotion theory and social constructionism that emotions are both shaped by biological forces and social forces discusses a variety of subjectivist and objectivist approaches which share the assumption that emotions and values are closely connected

Interpersonal Emotion Dynamics in Close Relationships

2018-09-27

protecting children from emotional abuse and neglect is a serious and complex area of social work practice this book takes readers step by step through the underlining theory skills and practice of working with vulnerable children highlighting essential contemporary research evidence throughout part 1 understanding introduces the nature and consequences of child neglect and emotional abuse including up to date knowledge about the physiological impact of childhood malnutrition and emotional deprivation part 2 assessment considers in detail the factors which can contribute to the complexity of the assessment process and explains assessment procedures part 3 response offers insights into positive interventions including some innovative modern therapies and family management approaches such as pact using a series of case studies to make complex skills and knowledge accessible this is essential reading for students and professionals across disciplines that may come into contact with vulnerable children

Philosophy of Emotion

2022-11-28

why context matters in educational leadership a new theoretical understanding is unique in the field of educational leadership studies this book offers a systematic account of educational leadership from the perspective that context matters

it argues that studies of leadership in education can only progress if the importance of context is understood and presents context as a set of constraints under which leadership is exercised a theoretical book that offers at last three major challenges to dominant positions in the field in a systematic way it provides a new coherent and more realistic way to think about leadership in context the chapters offer concrete steps for complex problem solving in schools and will help schools tailor solutions to local constraints and circumstances written by leading scholars colin w evers and gabriele lakomski this book will be essential reading for students and researchers working in the fields of education educational administration and leadership

Child Neglect and Emotional Abuse

2014-03-18

synthesizing decades of influential research and theory michael lewis demonstrates the centrality of consciousness for emotional development at first infants competencies constitute innate reactions to particular physical events in the child s world these action patterns are not learned but are readily influenced by temperament and social interactions with the rise of consciousness these early competencies become reflected feelings giving rise to the self conscious emotions of empathy envy and embarrassment and later shame guilt and pride focusing on typically developing children lewis also explores problems of atypical emotional development winner m william james book award society for general psychology apa division 1

Why Context Matters in Educational Leadership

2022-02-20

what makes a reading experience powerful this volume brings together literary scholars linguists and empirical researchers who tackle the question by investigating the effects and reader responses generated by selected extracts of literary prose the twelve contributions theorize this widely used but to date insufficiently studied notion and provide insights into the

therefore still mysterious seeming power of literary fiction the collection explores a variety of stylistic as well as readerly and psychological features responsible for short and long term effects topics of great interest to those interested or specialized in literary studies and narratology cognitive stylistics empirical literary studies and reader response theory

The Rise of Consciousness and the Development of Emotional Life

2013-10-16

young women bound for islamic state or free speech protests for tommy robinson radicalization spans ideologies though an often used term the process of radicalization is not well understood and the role of gender within it is often ignored this book reveals the centrality of gender to radicalization using primary research among two of britain s key extremist movements the banned islamist group al muhajiroun and those networked to it and the anti islam radical right including the english defence league and britain first through interviews with leaders including anjem choudary jayda fransen and tommy robinson as well as their followers elizabeth pearson explores the making of extreme men and women showing both parallels and distinctions between the two movements she argues that perceived gendered differences and boundaries are central to radicalization pathways but rooted in local cultures and place and challenges notions of radicalization as transformative highlighting instead continuities between activist and non activist practices of masculinity she examines how extreme groups construct collectivize mobilize and legitimize but also resist ideas of masculinity and gender understanding the men and women involved in extreme movements will better equip us to counter them this fascinating study offers invaluable insight into some of their lives and motivations

Powerful Prose

2021-10-31

this hugely informative and wide ranging analysis on the management of projects past present and future is written both for practitioners and scholars beginning with a history of the discipline s development reconstructing project management

provides an extensive commentary on its practices and theoretical underpinnings and concludes with proposals to improve its relevancy and value written not without a hint of attitude this is by no means simply another project management textbook the thesis of the book is that it all depends on how you define the subject that much of our present thinking about project management as traditionally defined is sometimes boring conceptually weak and of limited application whereas in reality it can be exciting challenging and enormously important the book draws on leading scholarship and case studies to explore this thesis the book is divided into three major parts following an introduction setting the scene part 1 covers the origins of modern project management how the discipline has come to be what it is typically said to be how it has been constructed and the limitations of this traditional model part 2 presents an enlarged view of the discipline and then deconstructs this into its principal elements part 3 then reconstructs these elements to address the challenges facing society and the implications for the discipline in the years ahead a final section reprises the sweep of the discipline's development and summarises the principal insights from the book this thoughtful commentary on project and program and portfolio management as it has developed and has been practiced over the last 60 plus years and as it may be over the next 20 to 40 draws on examples from many industry sectors around the world it is a seminal work required reading for everyone interested in projects and their management

Journal of Researches Into the Natural History and Geology of the Countries Visited During the Voyage Round the World of H. M. S. 'Beagle' Under the Command of Captain Fitz Roy, R. N.

1890

a vital part of a social worker s role is to build strong relationships based on confidence and trust with people across all stages of the life course and from a broad range of backgrounds in what can be extremely challenging circumstances in this her latest collaboration with palgrave bestselling social work author karen healy turns her attention to the key topic of communication and the importance of developing into a skilled communicator across all areas of professional practice split into two distinct sections the text provides a thorough exploration of the foundations of effective communication in social

work practice focusing on the basic knowledge and skills that are essential to forming working alliances with service users in a broad range of practice situations and the specialised communication skills required to work with people with specific capacities and needs from children young people and older adults to people from diverse cultures and linguistic groups those who experience trouble with verbal communication and those with mental health challenges with helpful learning features such as practice exercises and chapter summary questions to enable you to review and reflect on what you have learned this is an essential resource for social work students new to this complex area of practice

Extreme Britain

2024-01-01

undoubtedly emotions sometimes thwart our epistemic endeavours but do they also contribute to epistemic success the thesis that emotions skew the epistemic landscape as peter goldie puts it in this volume has long been discussed in epistemology recently however philosophers have called for a systematic reassessment of the epistemic relevance of emotions the resulting debate at the interface between epistemology theory of emotions and cognitive science examines emotions in a wide range of functions these include motivating inquiry establishing relevance as well as providing access to facts beliefs and non propositional aspects of knowledge this volume is the first collection focusing on the claim that we cannot but account for emotions if we are to understand the processes and evaluations related to empirical knowledge all essays are specifically written for this collection by leading researchers in this relatively new and developing field bringing together work from backgrounds such as pragmatism and scepticism cognitive theories of emotions and cognitive science cartesian epistemology and virtue epistemology

Reconstructing Project Management

2013-03-08

undoubtedly emotions sometimes thwart our epistemic endeavours but do they also contribute to epistemic success the

thesis that emotions skew the epistemic landscape as peter goldie puts it in this volume has long been discussed in epistemology recently however philosophers have called for a systematic reassessment of the epistemic relevance of emotions the resulting debate at the interface between epistemology theory of emotions and cognitive science examines emotions in a wide range of functions these include motivating inquiry establishing relevance as well as providing access to facts beliefs and non propositional aspects of knowledge this volume is the first collection focusing on the claim that we cannot but account for emotions if we are to understand the processes and evaluations related to empirical knowledge all essays are specifically written for this collection by leading researchers in this relatively new and developing field bringing together work from backgrounds such as pragmatism and scepticism cognitive theories of emotions and cognitive science cartesian epistemology and virtue epistemology

The Skilled Communicator in Social Work

2017-10-12

wonder has often occupied a place of unique importance across a variety of human practices and intellectual activities at different times and historical periods it has been hailed as the beginning of philosophy and as the end that philosophy should aspire to pursue as the motive force of scientific quests and their fruit as the aim of art and the means art uses to accomplish its aims and as the religious experience par excellence and the hallmark of a deeper spiritual life yet despite thespecial relationship it has borne to many of our most highly valued intellectual and spiritual practices wonder remains a neglected and understudied notion this volume aims to redress this neglect bringing together a collection of essays drawn from different disciplines to consider the sense of wonder from a number of complementary perspectives what is wonder what role has it historically played in philosophy science art and aesthetics and the religious or spiritual life can wonder be dangerous is wonder an experience in which we should or indeed could aspire to dwell why among human experiences should it be prized

Epistemology and Emotions

2012-10-01

this authoritative handbook comprehensively examines the conscious and nonconscious processes by which people regulate their thoughts emotions attention behavior and impulses individual differences in self regulatory capacities are explored as are developmental pathways the volume reviews how self regulation shapes and is shaped by social relationships failures of self regulation are also addressed in chapters on addictions overeating compulsive spending and attention deficit hyperactivity disorder wherever possible contributors identify implications of the research for helping people enhance their self regulatory capacities and pursue desired goals

Epistemology and Emotions

2016-04-29

positions emotion in the social world by arguing that its central function is to align relations between people

Practices of Wonder

2013-01-31

where other books tell you about emotional intelligence this book provides the roadmap to put it in action includes case for eq background and detailed explanation of the six seconds eq model and how to use it to improve leadership and a free code to test your eq strengths online there are a handful of people in the world who have proven experience raising organizational performance with emotional intelligence freedman is one of the leaders using stories and data from his work around the world with organizations such as the us marine corps schlumberger and fedex freedman provides a practical guide to this critical topic at the heart of leadership delivers a compelling case for leaders to attend to their own and their

people s emotions as a critical asset for optimal performance then it shows you how you ll learn the six seconds eq model a practical three step process to become more effective with emotions plus use the code in the back of the book for a free assessment of your eq strengths this book will show you how to lead more effectively by engaging your own and your people s emotions

Handbook of Self-Regulation, Second Edition

2011-03-29

expressing painful emotions is hard yet it can actually improve our mental and physical health this lucid compassionate book has introduced tens of thousands of readers to expressive writing a simple yet powerful self help technique grounded in scientific research leading experts james w pennebaker and joshua m smyth describe how taking just a few minutes to write about deeply felt personal experiences or problems may help you heal old emotional wounds feel a greater sense of well being decrease stress improve relationships boost your immune system vivid stories and examples yield compelling insights into secrets self disclosure and the hidden price of silence the third edition incorporates findings from hundreds of recent studies and includes practical exercises to help you try expressive writing for yourself it features extensive new information on specific health benefits as well as when the approach may not be helpful

Heart to Heart

2019-11-07

synthesizes the most important recent work on wonder and brings a number of disciplines into conversation wonder has been celebrated as the quintessential passion of childhood from the earliest stages of our intellectual history it has been acclaimed as the driving force of inquiry and the prime passion of thought yet for an emotion acknowledged so widely for the multiple roles it plays in our lives wonder has led a singularly shadowy existence in recent reflections philosophers have largely passed it over in silence emotion theorists have shunned it as a case that sits awkwardly within their analytical

frameworks so what is wonder and why does it matter in this book sophia vasalou sketches a grammar of wonder that pursues the complexities of wonder as an emotional experience that has carved colorful tracks through our language and our intellectual history not only in philosophy and science but also in art and religious experience a richer grammar of wonder and broader window into its past can give us the tools we need for thinking more insightfully about wonder and for reflecting on the place it should occupy within our emotional lives vasalou s book is an important and exciting contribution to the literature it is not a narrow academic inquiry on an obscure topic but a sweeping exploration of an emotion that was once recognized as among the most important vasalou makes a powerful case for wonder and her book will spark great interest jesse prinz author of beyond human nature how culture and experience shape the human mind this is a powerful study of wonder whose major strengths include its engagement of overlooked primary sources in particular adam smith and zorba the greek its exhaustive treatment of the secondary literature and its careful attunement to historical complexities mary jane rubenstein author of strange wonder the closure of metaphysics and the opening of awe

At the Heart of Leadership

2007

when john wilkinson accepts an invitation to help one of the kingdom of bahrain s most successful companies he does not expect a lesson from the gulf region s leading expert in emotional intelligence as his team works to upgrade the aluminum plant s inspection process john learns the value of emotional intelligence as he witnesses the first signs of cultural change in a corporation steeped in traditional management practices this entertaining story introduces the reader to dr suhaila alhashemi s groundbreaking research correlating emotional intelligence and leadership styles in bahrain question and answer dialog in the socratic method clearly explains concepts and conclusions applicable to business management around the globe together our hero and readers learn the personal and social competencies that define emotional intelligence the tools used to collect and analyze an individual s ei quotient and management styles and how ei can be channeled to improve personal and organizational performance workplace emotions is the second in a series of business novels providing valuable insight into the gulf business culture a cup of coffee by dr salem al ismaily with richard tzudiker describes john wilkinson s entrepreneurial inroad into the sultanate of oman and teaches how arab culture and tradition influence management styles

and business practices

Opening Up by Writing It Down

2016-06-29

Wonder

2015-04-17

Workplace Emotions

2011-09-22

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