

EPUB FREE DEPRESSION AND NON SUICIDAL SELF INJURY (PDF)

A COMPREHENSIVE GUIDE FOR CLINICIANS WORKING WITH PATIENTS ENGAGING IN SELF INJURY THIS BOOK PROVIDES INFORMATION ON CLINICAL CONCEPTUALIZATION RISK AND PROTECTIVE FACTORS WAYS TO ASSESS FOR NSSI TREATMENT APPROACHES AND STRATEGIES AND EARLY INTERVENTION AND PREVENTION STRATEGIES FOCUSING ON ETHICAL AND CULTURAL CONSIDERATIONS UNIQUE TO SCHOOLS CLINICAL AGENCIES AND PRIVATE PRACTICE SETTINGS THE AUTHORS PROVIDE A PRACTICAL AND IN DEPTH DISCUSSION OF CLINICAL THEORY PROCEDURES FOR DETERMINING RISK AND THE POTENTIAL PROBLEMS WITH RISK ASSESSMENT ESPECIALLY CONCERNING SUICIDE RISK ARE ADDRESSED IN ADDITION TO NUMEROUS EXERCISES EXAMPLES AND SUGGESTIONS FOR PRACTICAL INTERVENTIONS THE BOOK INCLUDES A VARIETY OF DETAILED WORKSHEETS AND RESOURCES TO EXPAND READERS LEVEL OF UNDERSTANDING MONITOR EMERGING TRENDS AND PROVIDE A CONTEXT FOR EXTENDED TRAINING SEVERAL CASE STUDIES ARE DISCUSSED AND ANALYZED IN ORDER TO HIGHLIGHT SPECIFIC ASPECTS OF CLINICAL CONCEPTUALIZATION AND TREATMENT STRATEGIES DRAWN FROM A WIDE RANGE OF TREATMENT POPULATIONS AND ISSUES THIS BOOK IS A VALUABLE RESOURCE FOR CLINICIANS AND SUPERVISORS THE AUTHORS INTEGRATE OUTCOMES BASED RESEARCH STRATEGIES AND EVIDENCED BASED TOOLS TO HELP CLINICIANS WORK WITH CLIENTS FROM DIVERSE BACKGROUNDS GROUNDED IN A WELLNESS STRENGTHS BASED AND DEVELOPMENTAL PERSPECTIVE NON SUICIDAL SELF INJURY IS THE IDEAL GUIDE FOR COUNSELORS AND OTHER CLINICIANS SEEKING TO UNDERSTAND SELF INJURIOUS BEHAVIORS WITHOUT PATHOLOGIZING THEM THE BOOK COVERS TOPICS NOT PREVIOUSLY DISCUSSED IN OTHER WORKS INCLUDING WORKING WITH FAMILIES SUPERVISING COUNSELORS WORKING WITH CLIENTS WHO SELF INJURE DSM 5 CRITERIA REGARDING THE NSSI DIAGNOSIS NSSI AS A PROTECTIVE FACTOR FOR PREVENTING SUICIDAL BEHAVIOR AND ADVOCACY EFFORTS AROUND NSSI IN EACH CHAPTER CLINICIANS WILL ALSO FIND CONCRETE TOOLS INCLUDING QUESTIONS TO ASK PSYCHOEDUCATIONAL HANDOUTS FOR CLIENTS AND THEIR FAMILIES TREATMENT HANDOUTS OR TREATMENT PLANS FOR COUNSELORS AND MORE NON SUICIDAL SELF INJURY ALSO INCLUDES REAL LIFE VOICES OF INDIVIDUALS WHO SELF INJURE AS WELL AS CASE VIGNETTES TO PROVIDE EXAMPLES OF HOW THEORETICAL MODELS OR TREATMENTS DISCUSSED IN THIS BOOK IMMEDIATELY APPLY TO PRACTICE ASSESSMENT AND TREATMENT OF NON SUICIDAL SELF INJURY A CLINICAL PERSPECTIVE IS THE IDEAL PRIMER FOR ANYONE WHO WORKS WITH PEOPLE WHO SELF INJURE PROFILING WHO IS AFFECTED AS WELL AS WHAT THEIR BEHAVIOUR INCLUDES THE BOOK EXPLORES THE RANGE OF FACTORS BEHIND WHY PEOPLE SELF INJURE FROM THE INFLUENCE OF SOCIAL MEDIA TO THE NEED FOR SELF REGULATION AND OFFERS RECOMMENDATIONS FOR BOTH ASSESSMENT AND OUTPATIENT TREATMENT THROUGHOUT THE BOOK IS PERMEATED BY PROFOUND RESPECT FOR THOSE WHO USE SELF INJURY IN AN ATTEMPT TO LIVE A GOOD LIFE WHILE CONVEYING A DEEP UNDERSTANDING OF THE CHALLENGES THAT SELF INJURY PRESENTS FOR FAMILY MEMBERS AND TREATMENT PROFESSIONALS IT RECOGNIZES THAT THE BEHAVIOUR CAN SPREAD IN HOSPITAL WARDS OR OTHER INSTITUTIONAL SETTING INTRODUCING THE CONCEPT OF SELF INJURY BY PROXY AND ASSESSES THE RANGE OF THERAPIES AVAILABLE INCLUDING CBT MBT ERGT AND FAMILY THERAPY EACH CHAPTER IS COMPLEMENTED BY CLINICAL VIGNETTES IN AN ERA WHEN A GREAT NUMBER OF PROFESSIONALS WILL COME INTO CONTACT WITH SOMEONE WHO SELF INJURES INCLUDING TEACHERS SOCIAL WORKERS AND NURSES AS WELL AS THERAPISTS THE ASSESSMENT AND TREATMENT OF NON SUICIDAL SELF INJURY IS AN INVALUABLE RESOURCE THAT EXAMINES BOTH THE CAUSES AND THE TREATMENTS AVAILABLE NON SUICIDAL SELF INJURY AND EATING DISORDERS REPRESENT SIGNIFICANT PROBLEMS AMONG TODAY S YOUTH AND POSE UNIQUE CHALLENGES FOR CLINICIANS PARTICULARLY WHEN THEY CO OCCUR THIS BOOK IS A RARE RESOURCE IN THAT IT PROVIDES CUTTING EDGE INFORMATION ON THE INTERACTIONS BETWEEN SELF INJURY AND DISORDERED EATING EMPIRICALLY INFORMED TREATMENTS FOR THE CO OCCURRENCE OF THESE BEHAVIORS AND SPECIFIC TOPICS RELEVANT TO UNDERSTANDING NUANCES IN THE RISK FACTORS TREATMENT AND PREVENTION OF BOTH SELF INJURY AND EATING DISORDERS PRACTITIONERS GRADUATE STUDENTS AND RESEARCHERS WORKING WITHIN THIS SPECIALIZED AREA WILL FIND THIS TEXT TO BE INSTRUMENTAL IN ADVANCING THEIR KNOWLEDGE AND IMPROVING THE TREATMENT OF SELF INJURY IN THOSE WITH EATING DISORDERS NONSUICIDAL SELF INJURY NSSI IS A BAFFLING TROUBLING AND HARD TO TREAT PHENOMENON THAT HAS INCREASED MARKEDLY IN RECENT YEARS KEY ISSUES IN DIAGNOSING AND TREATING NSSI ADEQUATELY INCLUDE DIFFERENTIATING IT FROM ATTEMPTED SUICIDE AND OTHER MENTAL DISORDERS AS WELL AS UNDERSTANDING THE MOTIVATIONS FOR SELF INJURY AND THE CONTEXT IN WHICH IT OCCURS THIS ACCESSIBLE AND PRACTICAL BOOK PROVIDES THERAPISTS AND STUDENTS WITH A CLEAR UNDERSTANDING OF THESE KEY ISSUES AS WELL AS OF SUITABLE ASSESSMENT TECHNIQUES

IT THEN GOES ON TO DELINEATE RESEARCH INFORMED TREATMENT APPROACHES FOR NSSI WITH AN EMPHASIS ON FUNCTIONAL ASSESSMENT EMOTION REGULATION AND PROBLEM SOLVING INCLUDING MOTIVATIONAL INTERVIEWING INTERPERSONAL SKILLS CBT DBT BEHAVIORAL MANAGEMENT STRATEGIES DELAY BEHAVIORS EXERCISE FAMILY THERAPY RISK MANAGEMENT AND MEDICATION AS WELL AS HOW TO SUCCESSFULLY COMBINE METHODS PEOPLE WHO ENGAGE IN NON SUICIDAL SELF INJURY NSSI REPORT DOING SO LARGELY TO MANAGE OVERWHELMING EMOTIONS PROMINENT THEORIES OF NSSI ARGUE THAT AN AMPLIFIED EMOTIONAL RESPONSE SYSTEM CREATES THE CONTEXT IN WHICH A PERSON CHOOSES TO REGULATE THEIR EMOTIONS BY ENGAGING IN NSSI IN LINE WITH THESE THEORIES PEOPLE WHO ENGAGE IN NSSI CONSISTENTLY REPORT GREATER GLOBAL EMOTION REACTIVITY AND EMOTION DYSREGULATION THAN DO CONTROLS THESE GLOBAL SELF REPORTS OF EMOTIONAL FUNCTIONING ALSO PREDICT THE ONSET AND CESSATION OF NSSI DEMONSTRATING THEIR CONSIDERABLE UTILITY IN UNDERSTANDING THE BEHAVIOUR HOWEVER GLOBAL SELF REPORTS PROVIDE AN OVERALL EVALUATION OF ONE S AVERAGE AFFECTIVE EXPERIENCE AND SO ARE ILL SUITED TO ISOLATING PRECISE ALTERATIONS IN EMOTIONAL RESPONDING I FIRST ESTABLISH HOW BEST TO ASSESS NSSI STUDY 1A AND 1B I THEN LEVERAGE EXPERIMENTAL AFFECTIVE SCIENCE AND INDIVIDUAL DIFFERENCES METHODOLOGIES TO TEST WHETHER NSSI IS CHARACTERISED BY A MORE REACTIVE AND INTENSE EMOTIONAL RESPONSE TO CHALLENGE AND OR WHETHER FACTORS THAT HELP TO CREATE MODIFY AND LATER RECALL THE EMOTIONAL RESPONSE ARE ALTERED IN THOSE WHO ENGAGE IN NSSI COMPARED WITH CONTROLS STUDY 2 COMPARED HOW YOUNG ADULTS WITH A PAST YEAR HISTORY OF NSSI AND CONTROLS SUBJECTIVELY AND PHYSIOLOGICALLY REACTED TO AND RECOVERED FROM ACUTE STRESS STUDY 3 COMPARED HOW YOUNG ADULTS WITH A PAST YEAR HISTORY OF NSSI AND CONTROLS SUBJECTIVELY REACTED TO BOTH EXPLICIT AND MORE AMBIGUOUS SOCIAL EXCLUSION THIS IS ONE OF THE FIRST STUDIES TO DESCRIBE THE PRACTICE OF PERFORMANCE PSYCHOLOGY IT BLENDS THEORY AND PRACTICE BY INTEGRATING LITERATURE REVIEWS WITH REAL WORLD APPLICATIONS FOR A BROAD RANGE OF CLIENTS IT PROVIDES EXTENSIVE SESSION TRANSCRIPTS INCLUDING CONSULTANTS THOUGHTS AND REACTIONS THROUGHOUT EACH SESSION THE ISSUE OF NON SUICIDAL SELF INJURY IS ONE THAT IS ALARMING AND NOT EASILY UNDERSTOOD THE AWARENESS OF NSSI IN TEENS AND YOUNG ADULTS HAS GIVEN RISE TO A NUMBER OF ISSUES THAT SHOULD BE ADDRESSED BY THE CHURCH THIS PROJECT LOOKS AT THE DIFFERENCE IN THE UNDERSTANDING OF SELF BETWEEN THOSE WHO ENGAGE IN NON SUICIDAL SELF INJURY BEHAVIORS AND THOSE WHO DO NOT THIS STUDY INTERVIEWED NINE YOUTH SPANNING IN AGE FROM 13 21 AND INCLUDES BOTH MALES AND FEMALES ENGAGED IN NSSI BEHAVIORS AND MALES AND FEMALES NOT ENGAGED IN NSSI BEHAVIORS THE CENTRAL THEOLOGICAL TOPIC CONCERNS THE IMAGE OF GOD THIS STUDY AIMS AT IDENTIFYING THE IMAGE OF GOD AND HOW IT MAY BE UNDER STOOD DIFFERENTLY IN THOSE WHO STRUGGLE WITH NSSI BEHAVIORS USING A QUALITATIVE AND INTERPRETIVE MODE OF EXPLANATION THIS STUDY EXPLORED THE WIDE SPREAD PHENOMENON OF SELF INJURY IN RELATION TO THE SELF THE BODY AND MEANINGS ASCRIBED TO ACTS OF INJURING THE SELF VIA THE BODY FINDINGS HIGHLIGHTED THE BODY S COMMUNICATIVE ROLE IN THE SYMBOLIC EXPRESSION OF TRAUMATIC EXPERIENCES ITS PHYSIOLOGICAL ROLE IN EMOTION REGULATION AND THE ADDICTIVE PROPENSITIES OF SELF INJURY FROM A SOCIOLOGICAL POINT OF VIEW INSTANT EMOTION REGULATION ALLOWS INDIVIDUALS TO AVOID SOCIAL STIGMA AND WELL MANAGED SOCIAL PERFORMANCES IN TURN PROTECT SOCIAL BONDS THIS STUDY SHOWS THAT NON SUICIDAL SELF INJURY NSSI CANNOT BE CONCEPTUALISED AS SIMPLY ANOTHER PERSONALITY DISORDER OR MENTAL ILLNESS GROUNDED IN A WELLNESS STRENGTHS BASED AND DEVELOPMENTAL PERSPECTIVE NON SUICIDAL SELF INJURY IS THE IDEAL GUIDE FOR COUNSELORS AND OTHER CLINICIANS SEEKING TO UNDERSTAND SELF INJURIOUS BEHAVIORS WITHOUT PATHOLOGIZING THEM THE BOOK COVERS TOPICS NOT PREVIOUSLY DISCUSSED IN OTHER WORKS INCLUDING WORKING WITH FAMILIES SUPERVISING COUNSELORS WORKING WITH CLIENTS WHO SELF INJURE DSM 5 CRITERIA REGARDING THE NSSI DIAGNOSIS NSSI AS A PROTECTIVE FACTOR FOR PREVENTING SUICIDAL BEHAVIOR AND ADVOCACY EFFORTS AROUND NSSI IN EACH CHAPTER CLINICIANS WILL ALSO FIND CONCRETE TOOLS INCLUDING QUESTIONS TO ASK PSYCHOEDUCATIONAL HANDOUTS FOR CLIENTS AND THEIR FAMILIES TREATMENT HANDOUTS OR TREATMENT PLANS FOR COUNSELORS AND MORE NON SUICIDAL SELF INJURY ALSO INCLUDES REAL LIFE VOICES OF INDIVIDUALS WHO SELF INJURE AS WELL AS CASE VIGNETTES TO PROVIDE EXAMPLES OF HOW THEORETICAL MODELS OR TREATMENTS DISCUSSED IN THIS BOOK IMMEDIATELY APPLY TO PRACTICE MAKING SENSE OF SELF HARM PROVIDES AN ALTERNATIVE APPROACH TO UNDERSTANDING NONSUICIDAL SELF INJURY USING CULTURAL SOCIOLOGY TO ANALYSE IT MORE AS A PRACTICE THAN AN ILLNESS AND EXPLORING IT AS A POWERFUL CULTURAL IDIOM OF PERSONAL DISTRESS AND SOCIAL ESTRANGEMENT THAT IS PECULIARLY RESONANT WITH THE SYMBOLIC LIFE OF LATE MODERN SOCIETY NONSUICIDAL SELF INJURY MOVES BEYOND THE BASICS TO TACKLE THE CLINICAL AND CONCEPTUAL COMPLEXITY OF NSSI WITH AN EMPHASIS ON RECENT ADVANCES IN BOTH SCIENCE AND PRACTICE DIRECTED TOWARDS CLINICIANS RESEARCHERS AND OTHERS WISHING TO ADVANCE THEIR UNDERSTANDING OF NSSI THIS VOLUME REVIEWS AND SYNTHESIZES RECENT EMPIRICAL FINDINGS THAT CLARIFY NSSI AS A THEORETICAL AND CLINICAL CONDITION AS WELL AS THE LATEST

EFFORTS TO ASSESS TREAT AND PREVENT NSSI WITH EXPERTLY WRITTEN CHAPTERS BY LEADERS IN THE FIELD THIS IS AN ESSENTIAL GUIDE TO A DISORDER ABOUT WHICH MUCH IS STILL TO BE KNOWN THIS BOOK PROVIDES NEW RESEARCH ON THE PREVALENCE PREDICTORS AND TREATMENT OPTIONS FOR INDIVIDUALS WHO SELF HARM THE FIRST CHAPTER DESCRIBES THE FREQUENCY AND NATURE OF SELF HARM IN PATIENTS WITH SCHIZOPHRENIA AND DETERMINES WHETHER PERSONALITY FEATURES DEFINED AS TEMPERAMENT AND CHARACTER DIMENSIONS AS WELL AS IMPULSIVITY FEATURES ARE PREDICTORS OF SELF HARM BEHAVIORS IN PATIENTS WITH SCHIZOPHRENIA CHAPTER TWO PROVIDES A BROAD OVERVIEW OF SUICIDE INCIDENCE AMONG MALES IN DIFFERENT REGIONS AND ERAS MARKED BY THE SOCIAL FACTORS THAT ARE COMMONLY SUGGESTED TO BE RELATED TO MALE SUICIDALITY POLITICAL TURMOIL ECONOMIC RECESSION AND UNEMPLOYMENT WAR AND ACCESS TO LETHAL MEANS CHAPTER THREE DISCUSSES CLINICAL INSIGHT FOR UNDERSTANDING SUICIDAL BEHAVIOUR AMONG THOSE WITH ORIGINS ON THE INDIAN SUB CONTINENT CHAPTER FOUR REVIEWS NON SUICIDAL SELF INJURY IN A FLEMISH POPULATION S A F E SUPPORT ASSIST FACILITATE AND EMPOWER GIVES COUNSELORS THE TOOLS THEY NEED TO CONDUCT AN ENTIRE SAFETY PROTOCOL FOR SUICIDAL HOMICIDAL AND NON SUICIDAL SELF INJURY STUDENTS THE PROTOCOL INCLUDES THE STUDENT PROFILE ASSESSMENT FOR ALL IDEATIONS PSYCHOSIS OBSERVATION AND STUDENT SAFETY PLAN PLAN OF ACTION CONFERENCE NOTICES AND AUTHORIZATION OF HEALTH DISCLOSURE FLOW MAPS ARE ALSO INCLUDED TO GUIDE COUNSELORS FACULTY AND STAFF THROUGH THE STEP BY STEP S A F E PROCESSES IN ADDITION COUNSELING INTERVENTIONS AND ACTIVITIES ARE INCLUDED TO USE WHEN WORKING WITH STUDENTS WHO HAVE THESE IDEATIONS NON SUICIDAL SELF INJURY NSSI IS A DESTRUCTIVE BEHAVIOUR ENGAGED IN BY A LARGE PROPORTION OF YOUTH AND YOUNG ADULTS IN CURRENT SOCIETY DESPITE PREVIOUS WORK THE RECENT REVISION OF THE DSM DOES NOT INCLUDE NSSI AS A DISTINCT SYNDROME INSTEAD IT REMAINS IN A CATEGORY FOR DISORDERS REQUIRING ADDITIONAL RESEARCH THUS IN ORDER TO BETTER UNDERSTAND THE MANY ETIOLOGICAL COMPONENTS UNDERLYING NSSI BEHAVIOUR STILL MORE INVESTIGATION IS REQUIRED TO THIS END THE CURRENT INVESTIGATIONS AIMED TO FURTHER ELABORATE UPON KNOWN LINKS BETWEEN NSSI BEHAVIOUR AND PARENT CHILD RELATIONSHIPS FROM TWO PERSPECTIVES FIRST WITH REGARD TO THE OVERALL QUALITY OF RELATIONSHIPS WITH PARENTS AND SECOND WITH SPECIFIC FOCUS ON THE IMPACT OF ATTACHMENT REPRESENTATIONS OF EARLY RELATIONSHIPS WITH PARENTS THOUGH BOTH PERSPECTIVES HAVE BEEN INVESTIGATED IN THE PAST THE CURRENT STUDIES WERE DEVELOPED TO ALLEVIATE METHODOLOGICAL LIMITATIONS OF THE EXISTING LITERATURE STUDY 1 ADOPTED A PERSON CENTERED APPROACH TO EXAMINE PATTERNS OF PERCEIVED RELATIONSHIP QUALITY REPORTED BY SELF INJURING YOUTH BASED ON THE COMBINATION OF MULTIPLE RELATIONAL CHARACTERISTICS THESE PATTERNS WERE THEN COMPARED WITH SEVERAL INDICES RELATED TO DIFFERENT MANIFESTATIONS OF NSSI BEHAVIOUR RESULTS SHOW HETEROGENEITY IN THE PERCEPTIONS OF PARENT CHILD RELATIONSHIP QUALITY IN SELF INJURERS SUCH THAT BOTH NEGATIVE AND POSITIVE FAMILY BACKGROUNDS WERE IMPLICATED IN THE BEHAVIOUR FURTHER ANALYSES DEMONSTRATE THAT THE LEVEL OF RISK PRESENTED BY A SELF INJURING INDIVIDUAL CAN BE DIFFERENTIATED BASED ON PERCEIVED QUALITY OF PARENT CHILD RELATIONSHIP STUDY 2 INVESTIGATED HOW INDIVIDUALS INTERNALIZED STATES OF MIND REGARDING EARLY ATTACHMENT EXPERIENCES ARE RELATED TO NSSI WITH PARTICULAR ATTENTION DEDICATED TO THE RELATIVE INFLUENCES OF CHILD MALTREATMENT AND ATTACHMENT REPRESENTATION ATTACHMENT REPRESENTATIONS REFLECTING DEFICITS IN EMOTION REGULATION PREOCCUPIED UNRESOLVED CANNOT CLASSIFY WERE MOST COMMON IN SELF INJURERS MOREOVER SELF REPORTED CHILDHOOD MALTREATMENT AND ATTACHMENT STATES OF MIND INDEPENDENTLY CONTRIBUTED TO THE PREDICTION OF NSSI LASTLY FINDINGS SUGGEST THAT DISTINCT RELATIONAL INFLUENCES CHARACTERISTIC OF RELATIONSHIPS WITH MOTHERS AND FATHERS ARE ASSOCIATED WITH NSSI THE TWO STUDIES PRESENTED HERE SIGNIFICANTLY CONTRIBUTE TO EXISTING KNOWLEDGE CONCERNING PARENTAL INFLUENCES IN THE ETIOLOGY OF NSSI THESE INVESTIGATIONS ADD TO EXISTING KNOWLEDGE OF NSSI AND MAY ULTIMATELY AID IN PREVENTING AND TREATING THIS DAMAGING BEHAVIOUR BODY IMAGE BROADLY REFERS TO THE WAY IN WHICH AN INDIVIDUAL EXPERIENCES THEIR BODY CASH 1994 MUTH CASH 1997 PRUZINSKY CASH 2002 THE BODY FOCUSED INTENTIONAL AND PHYSICALLY DAMAGING NATURE OF NON SUICIDAL SELF INJURY NSSI HAS LED SCHOLARS AND CLINICIANS TO INVESTIGATE AND CONCLUDE THAT DISSATISFACTION WITH THE BODY REPRESENTS AN INTRAPERSONAL RISK FACTOR ASSOCIATED WITH THE BEHAVIOUR THE OVERARCHING GOAL OF THIS DISSERTATION IS TO RE CONCEPTUALIZE HOW BODY EXPERIENCES ARE STUDIED WITHIN THE FIELD OF NSSI EVALUATING EXISTING RESEARCH AND INVESTIGATING TWO INDEPENDENT PROCESSES THAT CONTRIBUTE TO THE DEVELOPMENT OF NEGATIVE BODY EXPERIENCES AMONG ADOLESCENTS AND YOUNG ADULTS WHO ENGAGE IN NSSI WILL ACHIEVE THIS OBJECTIVE THIS DISSERTATION IS COMPRISED OF THREE MANUSCRIPTS THAT CONTRIBUTE TO THE LITERATURE BY DEMONSTRATING THE EFFECTIVENESS OF ACKNOWLEDGING BOTH PROXIMAL AND DISTAL RISK FACTORS RELATED TO THE DEVELOPMENT OF A COMPRISED RELATIONSHIP WITH THE BODY AND NSSI ENGAGEMENT THE FIRST MANUSCRIPT EVALUATES THE REPRESENTATIONAL PATHWAY

AMONG A COMMUNITY SAMPLE OF 101 YOUNG ADULTS WHO REPORTED ENGAGING IN NSSI AND A MATCHED COMPARISON GROUP OF YOUNG ADULTS WHO DID NOT REPORT A HISTORY OF THE BEHAVIOUR N 202 73 FEMALE M 19 45 SD 1 28 SIGNIFICANT ASSOCIATIONS WERE FOUND BETWEEN EMOTIONALLY BASED FORMS OF TRAUMA I E EMOTIONAL ABUSE AND EMOTIONAL NEGLECT BODY IMAGE ATTITUDES AND FREQUENCY OF NSSI ENGAGEMENT MEDIATIONAL ANALYSES SUPPORTED THE PROCESSES PROPOSED IN THE REPRESENTATIONAL PATHWAY AS BODY IMAGE ATTITUDES FULLY MEDIATED THE RELATIONSHIP BETWEEN EMOTIONAL ABUSE AND NSSI ENGAGEMENT PARTIAL MEDIATION WAS SUPPORTED FOR EMOTIONAL NEGLECT THE SECOND MANUSCRIPT EXAMINES THE ROLE OF THE OBJECTIFICATION PATHWAY AMONG A COMMUNITY SAMPLE OF 66 ADOLESCENTS WHO REPORT ENGAGING IN NSSI AND A MATCHED COMPARISON GROUP N 132 58 FEMALE M 12 34 SD 48 ANALYSES INDICATED THAT BOTH MALE AND FEMALE ADOLESCENTS WHO REPORT ENGAGING IN NSSI REPORTED SIGNIFICANTLY GREATER FEELINGS OF DEPRESSION EMOTION DYSREGULATION BODY SURVEILLANCE AND BODY SHAME COMPARED TO THEIR NON NSSI PEERS THE THIRD MANUSCRIPT EXTENDS UPON THESE FINDINGS BY EXAMINING TEMPORAL CHANGES IN BODY OBJECTIFICATION OVER A 12 MONTH PERIOD SPECIFICALLY THE STUDY EVALUATED CHANGES AMONG ADOLESCENTS WHO REPORTED MAINTAINING NSSI BEHAVIOUR OVER THE COURSE OF A YEAR NSSI MAINTAIN GROUP N 20 ADOLESCENTS WHO REPORTED STOPPING NSSI BEHAVIOUR OVER THE COURSE OF A YEAR NSSI STOP GROUP N 40 AND A COMPARISON GROUP OF ADOLESCENTS N 60 WHO DID NOT REPORT ENGAGING IN NSSI OR RISKY BEHAVIOURS OVER THE COURSE OF A YEAR USING A 3 GROUP X 2 GENDER X 2 TIME REPEATED MEASURES MULTIPLE ANALYSIS OF VARIANCE MANOVA RESULTS INDICATED A SIGNIFICANT GROUP BY TIME INTERACTION SHOWING GROUP DIFFERENCES WITH RESPECT TO BODY SHAME AND BODY SURVEILLANCE OVER TIME SPECIFICALLY BOTH NSSI GROUPS REPORTED SIGNIFICANTLY GREATER BODY SHAME AND BODY SURVEILLANCE OVER TIME THAN THE NON NSSI GROUP ADDITIONALLY THE NSSI MAINTAIN GROUP REPORTED SIGNIFICANTLY GREATER BODY SURVEILLANCE AT T2 WHEN COMPARED TO BOTH THE NSSI STOP AND COMPARISON GROUP THE INFLUENCE OF BODY OBJECTIFICATION AS A CORE INTRAPERSONAL RISK FACTOR RELATED TO THE MAINTENANCE AND CESSATION OF NSSI BEHAVIOUR IS DISCUSSED AS ARE CLINICAL IMPLICATIONS CONSIDERING BODY OBJECTIFICATION AS AN IMPORTANT VARIABLE IN PREVENTION AND TREATMENT EFFORTS THIS STUDY HAD TWO OBJECTIVES 1 TO INVESTIGATE REASONS THAT AN INDIVIDUAL WITH A HISTORY OF NSSI MIGHT REFRAIN FROM NSSI AND 2 TO DEVELOPED A MEASURE THE BARRIERS TO SELF INJURY INVENTORY TO ASSESS THESE BARRIERS IN STUDY ONE I USED QUALITATIVE METHODS TO ELUCIDATE MOTIVATIONS AND SITUATIONS THAT MIGHT PREVENT OR DISSUADE AN INDIVIDUAL FROM ENGAGING IN NSSI THE REASONS GENERATED IN STUDY ONE WERE COMBINED TO CREATE AN INITIAL INVENTORY OF 115 ITEMS IN STUDY TWO THIS INVENTORY WAS ADMINISTERED TO 197 INDIVIDUALS WITH A HISTORY OF NSSI AFTER CONFIRMING THE DIMENSIONALITY OF THE SUBSCALES AND ELIMINATING ILL FITTING ITEMS THE REFINED MEASURE CONSISTED OF 68 ITEMS WITH 11 SUBSCALES AND 3 SUPER ORDINATE SCALES SUBSCALES DEMONSTRATED ACCEPTABLE RELIABILITY FURTHER THE SCALES DEMONSTRATE ADEQUATE CONVERGENT VALIDITY I E POSITIVELY CORRELATED WITH COPING TREATMENT ENGAGEMENT AND REASONS FOR LIVING AND DIVERGENT VALIDITY I E UNCORRELATED WITH SUICIDAL BEHAVIOUR AN INITIAL TREND TOWARDS WRITING TO INCREASE AWARENESS ABOUT NSSI TRANSITIONED TO BLAMING THE MEDIA FOR A PERCEIVED SWELL IN NSSI RATES ARTICLES PROVIDED LIMITED COMMENTARY ON SOCIETY S ROLE IN NSSI BEHAVIOURS THE CURRENT STUDY SUGGESTS ARTICLES PUBLISHED ABOUT NSSI HAVE INCREASED WITH TIME AND THAT THE TOPIC OF SELF INJURY IS BEING DISCUSSED WITH A BROADER AUDIENCE IMPLICATIONS OF NORMALIZATION AND MINIMIZATION OF NSSI THE ADDICTION METAPHOR FOR NSSI SELF IDENTIFYING AS A SELF INJURER AND SOCIAL FACTORS OF NSSI ARE DISCUSSED

SELF-HARM: SUICIDAL AND NON-SUICIDAL BEHAVIORS 2022-01-25 A COMPREHENSIVE GUIDE FOR CLINICIANS WORKING WITH PATIENTS ENGAGING IN SELF INJURY THIS BOOK PROVIDES INFORMATION ON CLINICAL CONCEPTUALIZATION RISK AND PROTECTIVE FACTORS WAYS TO ASSESS FOR NSSI TREATMENT APPROACHES AND STRATEGIES AND EARLY INTERVENTION AND PREVENTION STRATEGIES FOCUSING ON ETHICAL AND CULTURAL CONSIDERATIONS UNIQUE TO SCHOOLS CLINICAL AGENCIES AND PRIVATE PRACTICE SETTINGS THE AUTHORS PROVIDE A PRACTICAL AND IN DEPTH DISCUSSION OF CLINICAL THEORY PROCEDURES FOR DETERMINING RISK AND THE POTENTIAL PROBLEMS WITH RISK ASSESSMENT ESPECIALLY CONCERNING SUICIDE RISK ARE ADDRESSED IN ADDITION TO NUMEROUS EXERCISES EXAMPLES AND SUGGESTIONS FOR PRACTICAL INTERVENTIONS THE BOOK INCLUDES A VARIETY OF DETAILED WORKSHEETS AND RESOURCES TO EXPAND READERS LEVEL OF UNDERSTANDING MONITOR EMERGING TRENDS AND PROVIDE A CONTEXT FOR EXTENDED TRAINING SEVERAL CASE STUDIES ARE DISCUSSED AND ANALYZED IN ORDER TO HIGHLIGHT SPECIFIC ASPECTS OF CLINICAL CONCEPTUALIZATION AND TREATMENT STRATEGIES DRAWN FROM A WIDE RANGE OF TREATMENT POPULATIONS AND ISSUES THIS BOOK IS A VALUABLE RESOURCE FOR CLINICIANS AND SUPERVISORS THE AUTHORS INTEGRATE OUTCOMES BASED RESEARCH STRATEGIES AND EVIDENCED BASED TOOLS TO HELP CLINICIANS WORK WITH CLIENTS FROM DIVERSE BACKGROUNDS

ADVANCING THEORY OF SUICIDE AND NON-SUICIDAL SELF-INJURY 2022-01-12 GROUNDED IN A WELLNESS STRENGTHS BASED AND DEVELOPMENTAL PERSPECTIVE NON SUICIDAL SELF INJURY IS THE IDEAL GUIDE FOR COUNSELORS AND OTHER CLINICIANS SEEKING TO UNDERSTAND SELF INJURIOUS BEHAVIORS WITHOUT PATHOLOGIZING THEM THE BOOK COVERS TOPICS NOT PREVIOUSLY DISCUSSED IN OTHER WORKS INCLUDING WORKING WITH FAMILIES SUPERVISING COUNSELORS WORKING WITH CLIENTS WHO SELF INJURE DSM 5 CRITERIA REGARDING THE NSSI DIAGNOSIS NSSI AS A PROTECTIVE FACTOR FOR PREVENTING SUICIDAL BEHAVIOR AND ADVOCACY EFFORTS AROUND NSSI IN EACH CHAPTER CLINICIANS WILL ALSO FIND CONCRETE TOOLS INCLUDING QUESTIONS TO ASK PSYCHOEDUCATIONAL HANDOUTS FOR CLIENTS AND THEIR FAMILIES TREATMENT HANDOUTS OR TREATMENT PLANS FOR COUNSELORS AND MORE NON SUICIDAL SELF INJURY ALSO INCLUDES REAL LIFE VOICES OF INDIVIDUALS WHO SELF INJURE AS WELL AS CASE VIGNETTES TO PROVIDE EXAMPLES OF HOW THEORETICAL MODELS OR TREATMENTS DISCUSSED IN THIS BOOK IMMEDIATELY APPLY TO PRACTICE

THE NON-SUICIDAL SOCIETY 1986-01-01 ASSESSMENT AND TREATMENT OF NON SUICIDAL SELF INJURY A CLINICAL PERSPECTIVE IS THE IDEAL PRIMER FOR ANYONE WHO WORKS WITH PEOPLE WHO SELF INJURE PROFILING WHO IS AFFECTED AS WELL AS WHAT THEIR BEHAVIOUR INCLUDES THE BOOK EXPLORES THE RANGE OF FACTORS BEHIND WHY PEOPLE SELF INJURE FROM THE INFLUENCE OF SOCIAL MEDIA TO THE NEED FOR SELF REGULATION AND OFFERS RECOMMENDATIONS FOR BOTH ASSESSMENT AND OUTPATIENT TREATMENT THROUGHOUT THE BOOK IS PERMEATED BY PROFOUND RESPECT FOR THOSE WHO USE SELF INJURY IN AN ATTEMPT TO LIVE A GOOD LIFE WHILE CONVEYING A DEEP UNDERSTANDING OF THE CHALLENGES THAT SELF INJURY PRESENTS FOR FAMILY MEMBERS AND TREATMENT PROFESSIONALS IT RECOGNIZES THAT THE BEHAVIOUR CAN SPREAD IN HOSPITAL WARDS OR OTHER INSTITUTIONAL SETTING INTRODUCING THE CONCEPT OF SELF INJURY BY PROXY AND ASSESSES THE RANGE OF THERAPIES AVAILABLE INCLUDING CBT MBT ERGT AND FAMILY THERAPY EACH CHAPTER IS COMPLEMENTED BY CLINICAL VIGNETTES IN AN ERA WHEN A GREAT NUMBER OF PROFESSIONALS WILL COME INTO CONTACT WITH SOMEONE WHO SELF INJURES INCLUDING TEACHERS SOCIAL WORKERS AND NURSES AS WELL AS THERAPISTS THE ASSESSMENT AND TREATMENT OF NON SUICIDAL SELF INJURY IS AN INVALUABLE RESOURCE THAT EXAMINES BOTH THE CAUSES AND THE TREATMENTS AVAILABLE

NON-SUICIDAL SELF-INJURY THROUGHOUT THE LIFESPAN 2019-10-11 NON SUICIDAL SELF INJURY AND EATING DISORDERS REPRESENT SIGNIFICANT PROBLEMS AMONG TODAY S YOUTH AND POSE UNIQUE CHALLENGES FOR CLINICIANS PARTICULARLY WHEN THEY CO OCCUR THIS BOOK IS A RARE RESOURCE IN THAT IT PROVIDES CUTTING EDGE INFORMATION ON THE INTERACTIONS BETWEEN SELF INJURY AND DISORDERED EATING EMPIRICALLY INFORMED TREATMENTS FOR THE CO OCCURRENCE OF THESE BEHAVIORS AND SPECIFIC TOPICS RELEVANT TO UNDERSTANDING NUANCES IN THE RISK FACTORS TREATMENT AND PREVENTION OF BOTH SELF INJURY AND EATING DISORDERS PRACTITIONERS GRADUATE STUDENTS AND RESEARCHERS WORKING WITHIN THIS SPECIALIZED AREA WILL FIND THIS TEXT TO BE INSTRUMENTAL IN ADVANCING THEIR KNOWLEDGE AND IMPROVING THE TREATMENT OF SELF INJURY IN THOSE WITH EATING DISORDERS

NON-SUICIDAL SELF-INJURY 2016-12-19 NONSUICIDAL SELF INJURY NSSI IS A BAFFLING TROUBLING AND HARD TO TREAT PHENOMENON THAT HAS INCREASED MARKEDLY IN RECENT YEARS KEY ISSUES IN DIAGNOSING AND TREATING NSSI ADEQUATELY INCLUDE DIFFERENTIATING IT FROM ATTEMPTED SUICIDE AND OTHER MENTAL DISORDERS AS WELL AS UNDERSTANDING THE MOTIVATIONS FOR SELF INJURY AND THE CONTEXT IN WHICH IT OCCURS THIS ACCESSIBLE AND PRACTICAL BOOK PROVIDES THERAPISTS AND STUDENTS WITH A CLEAR UNDERSTANDING OF THESE KEY ISSUES AS WELL AS OF SUITABLE ASSESSMENT TECHNIQUES IT THEN GOES ON

TO DELINEATE RESEARCH INFORMED TREATMENT APPROACHES FOR NSSI WITH AN EMPHASIS ON FUNCTIONAL ASSESSMENT EMOTION REGULATION AND PROBLEM SOLVING INCLUDING MOTIVATIONAL INTERVIEWING INTERPERSONAL SKILLS CBT DBT BEHAVIORAL MANAGEMENT STRATEGIES DELAY BEHAVIORS EXERCISE FAMILY THERAPY RISK MANAGEMENT AND MEDICATION AS WELL AS HOW TO SUCCESSFULLY COMBINE METHODS

SUICIDE AND NON-SUICIDAL SELF INJURY 2016 PEOPLE WHO ENGAGE IN NON SUICIDAL SELF INJURY NSSI REPORT DOING SO LARGELY TO MANAGE OVERWHELMING EMOTIONS PROMINENT THEORIES OF NSSI ARGUE THAT AN AMPLIFIED EMOTIONAL RESPONSE SYSTEM CREATES THE CONTEXT IN WHICH A PERSON CHOOSES TO REGULATE THEIR EMOTIONS BY ENGAGING IN NSSI IN LINE WITH THESE THEORIES PEOPLE WHO ENGAGE IN NSSI CONSISTENTLY REPORT GREATER GLOBAL EMOTION REACTIVITY AND EMOTION DYSREGULATION THAN DO CONTROLS THESE GLOBAL SELF REPORTS OF EMOTIONAL FUNCTIONING ALSO PREDICT THE ONSET AND CESSATION OF NSSI DEMONSTRATING THEIR CONSIDERABLE UTILITY IN UNDERSTANDING THE BEHAVIOUR HOWEVER GLOBAL SELF REPORTS PROVIDE AN OVERALL EVALUATION OF ONE S AVERAGE AFFECTIVE EXPERIENCE AND SO ARE ILL SUITED TO ISOLATING PRECISE ALTERATIONS IN EMOTIONAL RESPONDING I FIRST ESTABLISH HOW BEST TO ASSESS NSSI STUDY 1A AND 1B I THEN LEVERAGE EXPERIMENTAL AFFECTIVE SCIENCE AND INDIVIDUAL DIFFERENCES METHODOLOGIES TO TEST WHETHER NSSI IS CHARACTERISED BY A MORE REACTIVE AND INTENSE EMOTIONAL RESPONSE TO CHALLENGE AND OR WHETHER FACTORS THAT HELP TO CREATE MODIFY AND LATER RECALL THE EMOTIONAL RESPONSE ARE ALTERED IN THOSE WHO ENGAGE IN NSSI COMPARED WITH CONTROLS STUDY 2 COMPARED HOW YOUNG ADULTS WITH A PAST YEAR HISTORY OF NSSI AND CONTROLS SUBJECTIVELY AND PHYSIOLOGICALLY REACTED TO AND RECOVERED FROM ACUTE STRESS STUDY 3 COMPARED HOW YOUNG ADULTS WITH A PAST YEAR HISTORY OF NSSI AND CONTROLS SUBJECTIVELY REACTED TO BOTH EXPLICIT AND MORE AMBIGUOUS SOCIAL EXCLUSION

NON-SUICIDAL SELF-INJURY 2007 THIS IS ONE OF THE FIRST STUDIES TO DESCRIBE THE PRACTICE OF PERFORMANCE PSYCHOLOGY IT BLENDS THEORY AND PRACTICE BY INTEGRATING LITERATURE REVIEWS WITH REAL WORLD APPLICATIONS FOR A BROAD RANGE OF CLIENTS IT PROVIDES EXTENSIVE SESSION TRANSCRIPTS INCLUDING CONSULTANTS THOUGHTS AND REACTIONS THROUGHOUT EACH SESSION

ASSESSMENT AND TREATMENT OF NON-SUICIDAL SELF-INJURY 2019-06-14 THE ISSUE OF NON SUICIDAL SELF INJURY IS ONE THAT IS ALARMING AND NOT EASILY UNDERSTOOD THE AWARENESS OF NSSI IN TEENS AND YOUNG ADULTS HAS GIVEN RISE TO A NUMBER OF ISSUES THAT SHOULD BE ADDRESSED BY THE CHURCH THIS PROJECT LOOKS AT THE DIFFERENCE IN THE UNDERSTANDING OF SELF BETWEEN THOSE WHO ENGAGE IN NON SUICIDAL SELF INJURY BEHAVIORS AND THOSE WHO DO NOT THIS STUDY INTERVIEWED NINE YOUTH SPANNING IN AGE FROM 13 21 AND INCLUDES BOTH MALES AND FEMALES ENGAGED IN NSSI BEHAVIORS AND MALES AND FEMALES NOT ENGAGED IN NSSI BEHAVIORS THE CENTRAL THEOLOGICAL TOPIC CONCERNS THE IMAGE OF GOD THIS STUDY AIMS AT IDENTIFYING THE IMAGE OF GOD AND HOW IT MAY BE UNDER STOOD DIFFERENTLY IN THOSE WHO STRUGGLE WITH NSSI BEHAVIORS

NON-SUICIDAL SELF-INJURY IN EATING DISORDERS 2013-10-10 USING A QUALITATIVE AND INTERPRETIVE MODE OF EXPLANATION THIS STUDY EXPLORED THE WIDE SPREAD PHENOMENON OF SELF INJURY IN RELATION TO THE SELF THE BODY AND MEANINGS ASCRIBED TO ACTS OF INJURING THE SELF VIA THE BODY FINDINGS HIGHLIGHTED THE BODY S COMMUNICATIVE ROLE IN THE SYMBOLIC EXPRESSION OF TRAUMATIC EXPERIENCES ITS PHYSIOLOGICAL ROLE IN EMOTION REGULATION AND THE ADDICTIVE PROPENSITIES OF SELF INJURY FROM A SOCIOLOGICAL POINT OF VIEW INSTANT EMOTION REGULATION ALLOWS INDIVIDUALS TO AVOID SOCIAL STIGMA AND WELL MANAGED SOCIAL PERFORMANCES IN TURN PROTECT SOCIAL BONDS THIS STUDY SHOWS THAT NON SUICIDAL SELF INJURY NSSI CANNOT BE CONCEPTUALISED AS SIMPLY ANOTHER PERSONALITY DISORDER OR MENTAL ILLNESS

NONSUICIDAL SELF-INJURY 2011-01-01 GROUNDED IN A WELLNESS STRENGTHS BASED AND DEVELOPMENTAL PERSPECTIVE NON SUICIDAL SELF INJURY IS THE IDEAL GUIDE FOR COUNSELORS AND OTHER CLINICIANS SEEKING TO UNDERSTAND SELF INJURIOUS BEHAVIORS WITHOUT PATHOLOGIZING THEM THE BOOK COVERS TOPICS NOT PREVIOUSLY DISCUSSED IN OTHER WORKS INCLUDING WORKING WITH FAMILIES SUPERVISING COUNSELORS WORKING WITH CLIENTS WHO SELF INJURE DSM 5 CRITERIA REGARDING THE NSSI DIAGNOSIS NSSI AS A PROTECTIVE FACTOR FOR PREVENTING SUICIDAL BEHAVIOR AND ADVOCACY EFFORTS AROUND NSSI IN EACH CHAPTER CLINICIANS WILL ALSO FIND CONCRETE TOOLS INCLUDING QUESTIONS TO ASK PSYCHOEDUCATIONAL HANDOUTS FOR CLIENTS AND THEIR FAMILIES TREATMENT HANDOUTS OR TREATMENT PLANS FOR COUNSELORS AND MORE NON SUICIDAL SELF INJURY ALSO INCLUDES REAL LIFE VOICES OF INDIVIDUALS WHO SELF INJURE AS WELL AS CASE VIGNETTES TO PROVIDE EXAMPLES OF HOW THEORETICAL MODELS OR TREATMENTS DISCUSSED IN THIS BOOK IMMEDIATELY APPLY TO PRACTICE

COMPARING SUICIDAL AND NON-SUICIDAL ADOLESCENTS' BELIEFS CONCERNING FAMILY STRUCTURE AND PARENT-ADOLESCENT COMMUNICATION 1992 MAKING SENSE OF SELF HARM PROVIDES AN ALTERNATIVE APPROACH TO UNDERSTANDING NONSUICIDAL SELF INJURY USING CULTURAL SOCIOLOGY TO ANALYSE IT MORE AS A PRACTICE THAN AN ILLNESS AND EXPLORING IT AS A POWERFUL CULTURAL IDIOM OF PERSONAL DISTRESS AND SOCIAL ESTRANGEMENT THAT IS PECULIARLY RESONANT WITH THE SYMBOLIC LIFE OF LATE MODERN SOCIETY

THE NON-SUICIDAL SOCIETY 1986 NONSUICIDAL SELF INJURY MOVES BEYOND THE BASICS TO TACKLE THE CLINICAL AND CONCEPTUAL COMPLEXITY OF NSSI WITH AN EMPHASIS ON RECENT ADVANCES IN BOTH SCIENCE AND PRACTICE DIRECTED TOWARDS CLINICIANS RESEARCHERS AND OTHERS WISHING TO ADVANCE THEIR UNDERSTANDING OF NSSI THIS VOLUME REVIEWS AND SYNTHESIZES RECENT EMPIRICAL FINDINGS THAT CLARIFY NSSI AS A THEORETICAL AND CLINICAL CONDITION AS WELL AS THE LATEST EFFORTS TO ASSESS TREAT AND PREVENT NSSI WITH EXPERTLY WRITTEN CHAPTERS BY LEADERS IN THE FIELD THIS IS AN ESSENTIAL GUIDE TO A DISORDER ABOUT WHICH MUCH IS STILL TO BE KNOWN

THE RELATIONSHIP BETWEEN NON-SUICIDAL SELF-INJURY AND SUICIDALITY 2016 THIS BOOK PROVIDES NEW RESEARCH ON THE PREVALENCE PREDICTORS AND TREATMENT OPTIONS FOR INDIVIDUALS WHO SELF HARM THE FIRST CHAPTER DESCRIBES THE FREQUENCY AND NATURE OF SELF HARM IN PATIENTS WITH SCHIZOPHRENIA AND DETERMINES WHETHER PERSONALITY FEATURES DEFINED AS TEMPERAMENT AND CHARACTER DIMENSIONS AS WELL AS IMPULSIVITY FEATURES ARE PREDICTORS OF SELF HARM BEHAVIORS IN PATIENTS WITH SCHIZOPHRENIA CHAPTER TWO PROVIDES A BROAD OVERVIEW OF SUICIDE INCIDENCE AMONG MALES IN DIFFERENT REGIONS AND ERAS MARKED BY THE SOCIAL FACTORS THAT ARE COMMONLY SUGGESTED TO BE RELATED TO MALE SUICIDALITY POLITICAL TURMOIL ECONOMIC RECESSION AND UNEMPLOYMENT WAR AND ACCESS TO LETHAL MEANS CHAPTER THREE DISCUSSES CLINICAL INSIGHT FOR UNDERSTANDING SUICIDAL BEHAVIOUR AMONG THOSE WITH ORIGINS ON THE INDIAN SUB CONTINENT CHAPTER FOUR REVIEWS NON SUICIDAL SELF INJURY IN A FLEMISH POPULATION

EMOTION IN NON-SUICIDAL SELF-INJURY 2023-11-30 S A F E SUPPORT ASSIST FACILITATE AND EMPOWER GIVES COUNSELORS THE TOOLS THEY NEED TO CONDUCT AN ENTIRE SAFETY PROTOCOL FOR SUICIDAL HOMICIDAL AND NON SUICIDAL SELF INJURY STUDENTS THE PROTOCOL INCLUDES THE STUDENT PROFILE ASSESSMENT FOR ALL IDEATIONS PSYCHOSIS OBSERVATION AND STUDENT SAFETY PLAN PLAN OF ACTION CONFERENCE NOTICES AND AUTHORIZATION OF HEALTH DISCLOSURE FLOW MAPS ARE ALSO INCLUDED TO GUIDE COUNSELORS FACULTY AND STAFF THROUGH THE STEP BY STEP S A F E PROCESSES IN ADDITION COUNSELING INTERVENTIONS AND ACTIVITIES ARE INCLUDED TO USE WHEN WORKING WITH STUDENTS WHO HAVE THESE IDEATIONS

UNDERSTANDING NONSUICIDAL SELF-INJURY 2009-01-01 NON SUICIDAL SELF INJURY NSSI IS A DESTRUCTIVE BEHAVIOUR ENGAGED IN BY A LARGE PROPORTION OF YOUTH AND YOUNG ADULTS IN CURRENT SOCIETY DESPITE PREVIOUS WORK THE RECENT REVISION OF THE DSM DOES NOT INCLUDE NSSI AS A DISTINCT SYNDROME INSTEAD IT REMAINS IN A CATEGORY FOR DISORDERS REQUIRING ADDITIONAL RESEARCH THUS IN ORDER TO BETTER UNDERSTAND THE MANY ETIOLOGICAL COMPONENTS UNDERLYING NSSI BEHAVIOUR STILL MORE INVESTIGATION IS REQUIRED TO THIS END THE CURRENT INVESTIGATIONS AIMED TO FURTHER ELABORATE UPON KNOWN LINKS BETWEEN NSSI BEHAVIOUR AND PARENT CHILD RELATIONSHIPS FROM TWO PERSPECTIVES FIRST WITH REGARD TO THE OVERALL QUALITY OF RELATIONSHIPS WITH PARENTS AND SECOND WITH SPECIFIC FOCUS ON THE IMPACT OF ATTACHMENT REPRESENTATIONS OF EARLY RELATIONSHIPS WITH PARENTS THOUGH BOTH PERSPECTIVES HAVE BEEN INVESTIGATED IN THE PAST THE CURRENT STUDIES WERE DEVELOPED TO ALLEVIATE METHODOLOGICAL LIMITATIONS OF THE EXISTING LITERATURE STUDY 1 ADOPTED A PERSON CENTERED APPROACH TO EXAMINE PATTERNS OF PERCEIVED RELATIONSHIP QUALITY REPORTED BY SELF INJURING YOUTH BASED ON THE COMBINATION OF MULTIPLE RELATIONAL CHARACTERISTICS THESE PATTERNS WERE THEN COMPARED WITH SEVERAL INDICES RELATED TO DIFFERENT MANIFESTATIONS OF NSSI BEHAVIOUR RESULTS SHOW HETEROGENEITY IN THE PERCEPTIONS OF PARENT CHILD RELATIONSHIP QUALITY IN SELF INJURERS SUCH THAT BOTH NEGATIVE AND POSITIVE FAMILY BACKGROUNDS WERE IMPLICATED IN THE BEHAVIOUR FURTHER ANALYSES DEMONSTRATE THAT THE LEVEL OF RISK PRESENTED BY A SELF INJURING INDIVIDUAL CAN BE DIFFERENTIATED BASED ON PERCEIVED QUALITY OF PARENT CHILD RELATIONSHIP STUDY 2 INVESTIGATED HOW INDIVIDUALS INTERNALIZED STATES OF MIND REGARDING EARLY ATTACHMENT EXPERIENCES ARE RELATED TO NSSI WITH PARTICULAR ATTENTION DEDICATED TO THE RELATIVE INFLUENCES OF CHILD MALTREATMENT AND ATTACHMENT REPRESENTATION ATTACHMENT REPRESENTATIONS REFLECTING DEFICITS IN EMOTION REGULATION PREOCCUPIED UNRESOLVED CANNOT CLASSIFY WERE MOST COMMON IN SELF INJURERS MOREOVER SELF REPORTED CHILDHOOD MALTREATMENT AND ATTACHMENT STATES OF MIND INDEPENDENTLY CONTRIBUTED TO THE PREDICTION OF NSSI LASTLY FINDINGS SUGGEST THAT DISTINCT RELATIONAL INFLUENCES CHARACTERISTIC OF RELATIONSHIPS WITH MOTHERS AND FATHERS ARE ASSOCIATED WITH NSSI THE TWO STUDIES PRESENTED HERE SIGNIFICANTLY CONTRIBUTE TO EXISTING

KNOWLEDGE CONCERNING PARENTAL INFLUENCES IN THE ETIOLOGY OF NSSI THESE INVESTIGATIONS ADD TO EXISTING KNOWLEDGE OF NSSI AND MAY ULTIMATELY AID IN PREVENTING AND TREATING THIS DAMAGING BEHAVIOUR

Who Am I? Non-Suicidal Self Injury and the Differing Perceptions of the Self 2014-10-29 BODY IMAGE BROADLY REFERS TO THE WAY IN WHICH AN INDIVIDUAL EXPERIENCES THEIR BODY CASH 1994 MUTH CASH 1997 PRUZINSKY CASH 2002 THE BODY FOCUSED INTENTIONAL AND PHYSICALLY DAMAGING NATURE OF NON SUICIDAL SELF INJURY NSSI HAS LED SCHOLARS AND CLINICIANS TO INVESTIGATE AND CONCLUDE THAT DISSATISFACTION WITH THE BODY REPRESENTS AN INTRAPERSONAL RISK FACTOR ASSOCIATED WITH THE BEHAVIOUR THE OVERARCHING GOAL OF THIS DISSERTATION IS TO RE CONCEPTUALIZE HOW BODY EXPERIENCES ARE STUDIED WITHIN THE FIELD OF NSSI EVALUATING EXISTING RESEARCH AND INVESTIGATING TWO INDEPENDENT PROCESSES THAT CONTRIBUTE TO THE DEVELOPMENT OF NEGATIVE BODY EXPERIENCES AMONG ADOLESCENTS AND YOUNG ADULTS WHO ENGAGE IN NSSI WILL ACHIEVE THIS OBJECTIVE THIS DISSERTATION IS COMPRISED OF THREE MANUSCRIPTS THAT CONTRIBUTE TO THE LITERATURE BY DEMONSTRATING THE EFFECTIVENESS OF ACKNOWLEDGING BOTH PROXIMAL AND DISTAL RISK FACTORS RELATED TO THE DEVELOPMENT OF A COMPRISED RELATIONSHIP WITH THE BODY AND NSSI ENGAGEMENT THE FIRST MANUSCRIPT EVALUATES THE REPRESENTATIONAL PATHWAY AMONG A COMMUNITY SAMPLE OF 101 YOUNG ADULTS WHO REPORTED ENGAGING IN NSSI AND A MATCHED COMPARISON GROUP OF YOUNG ADULTS WHO DID NOT REPORT A HISTORY OF THE BEHAVIOUR N 202 73 FEMALE M 19 45 SD 1 28 SIGNIFICANT ASSOCIATIONS WERE FOUND BETWEEN EMOTIONALLY BASED FORMS OF TRAUMA I E EMOTIONAL ABUSE AND EMOTIONAL NEGLECT BODY IMAGE ATTITUDES AND FREQUENCY OF NSSI ENGAGEMENT MEDIATIONAL ANALYSES SUPPORTED THE PROCESSES PROPOSED IN THE REPRESENTATIONAL PATHWAY AS BODY IMAGE ATTITUDES FULLY MEDIATED THE RELATIONSHIP BETWEEN EMOTIONAL ABUSE AND NSSI ENGAGEMENT PARTIAL MEDIATION WAS SUPPORTED FOR EMOTIONAL NEGLECT THE SECOND MANUSCRIPT EXAMINES THE ROLE OF THE OBJECTIFICATION PATHWAY AMONG A COMMUNITY SAMPLE OF 66 ADOLESCENTS WHO REPORT ENGAGING IN NSSI AND A MATCHED COMPARISON GROUP N 132 58 FEMALE M 12 34 SD 48 ANALYSES INDICATED THAT BOTH MALE AND FEMALE ADOLESCENTS WHO REPORT ENGAGING IN NSSI REPORTED SIGNIFICANTLY GREATER FEELINGS OF DEPRESSION EMOTION DYSREGULATION BODY SURVEILLANCE AND BODY SHAME COMPARED TO THEIR NON NSSI PEERS THE THIRD MANUSCRIPT EXTENDS UPON THESE FINDINGS BY EXAMINING TEMPORAL CHANGES IN BODY OBJECTIFICATION OVER A 12 MONTH PERIOD SPECIFICALLY THE STUDY EVALUATED CHANGES AMONG ADOLESCENTS WHO REPORTED MAINTAINING NSSI BEHAVIOUR OVER THE COURSE OF A YEAR NSSI MAINTAIN GROUP N 20 ADOLESCENTS WHO REPORTED STOPPING NSSI BEHAVIOUR OVER THE COURSE OF A YEAR NSSI STOP GROUP N 40 AND A COMPARISON GROUP OF ADOLESCENTS N 60 WHO DID NOT REPORT ENGAGING IN NSSI OR RISKY BEHAVIOURS OVER THE COURSE OF A YEAR USING A 3 GROUP X 2 GENDER X 2 TIME REPEATED MEASURES MULTIPLE ANALYSIS OF VARIANCE MANOVA RESULTS INDICATED A SIGNIFICANT GROUP BY TIME INTERACTION SHOWING GROUP DIFFERENCES WITH RESPECT TO BODY SHAME AND BODY SURVEILLANCE OVER TIME SPECIFICALLY BOTH NSSI GROUPS REPORTED SIGNIFICANTLY GREATER BODY SHAME AND BODY SURVEILLANCE OVER TIME THAN THE NON NSSI GROUP ADDITIONALLY THE NSSI MAINTAIN GROUP REPORTED SIGNIFICANTLY GREATER BODY SURVEILLANCE AT T2 WHEN COMPARED TO BOTH THE NSSI STOP AND COMPARISON GROUP THE INFLUENCE OF BODY OBJECTIFICATION AS A CORE INTRAPERSONAL RISK FACTOR RELATED TO THE MAINTENANCE AND CESSATION OF NSSI BEHAVIOUR IS DISCUSSED AS ARE CLINICAL IMPLICATIONS CONSIDERING BODY OBJECTIFICATION AS AN IMPORTANT VARIABLE IN PREVENTION AND TREATMENT EFFORTS

THE PRACTICE OF NON-SUICIDAL SELF-INJURY 2011 THIS STUDY HAD TWO OBJECTIVES 1 TO INVESTIGATE REASONS THAT AN INDIVIDUAL WITH A HISTORY OF NSSI MIGHT REFRAIN FROM NSSI AND 2 TO DEVELOPED A MEASURE THE BARRIERS TO SELF INJURY INVENTORY TO ASSESS THESE BARRIERS IN STUDY ONE I USED QUALITATIVE METHODS TO ELUCIDATE MOTIVATIONS AND SITUATIONS THAT MIGHT PREVENT OR DISSUADE AN INDIVIDUAL FROM ENGAGING IN NSSI THE REASONS GENERATED IN STUDY ONE WERE COMBINED TO CREATE AN INITIAL INVENTORY OF 115 ITEMS IN STUDY TWO THIS INVENTORY WAS ADMINISTERED TO 197 INDIVIDUALS WITH A HISTORY OF NSSI AFTER CONFIRMING THE DIMENSIONALITY OF THE SUBSCALES AND ELIMINATING ILL FITTING ITEMS THE REFINED MEASURE CONSISTED OF 68 ITEMS WITH 11 SUBSCALES AND 3 SUPER ORDINATE SCALES SUBSCALES DEMONSTRATED ACCEPTABLE RELIABILITY FURTHER THE SCALES DEMONSTRATE ADEQUATE CONVERGENT VALIDITY I E POSITIVELY CORRELATED WITH COPING TREATMENT ENGAGEMENT AND REASONS FOR LIVING AND DIVERGENT VALIDITY I E UNCORRELATED WITH SUICIDAL BEHAVIOUR

Non-Suicidal Self-Injury 2016-12-19 AN INITIAL TREND TOWARDS WRITING TO INCREASE AWARENESS ABOUT NSSI TRANSITIONED TO BLAMING THE MEDIA FOR A PERCEIVED SWELL IN NSSI RATES ARTICLES PROVIDED LIMITED COMMENTARY ON SOCIETY S ROLE IN NSSI BEHAVIOURS THE CURRENT STUDY SUGGESTS

ARTICLES PUBLISHED ABOUT NSSI HAVE INCREASED WITH TIME AND THAT THE TOPIC OF SELF INJURY IS BEING DISCUSSED WITH A BROADER AUDIENCE IMPLICATIONS OF NORMALIZATION AND MINIMIZATION OF NSSI THE ADDICTION METAPHOR FOR NSSI SELF IDENTIFYING AS A SELF INJURER AND SOCIAL FACTORS OF NSSI ARE DISCUSSED

MAKING SENSE OF SELF-HARM 2014-01-14

DOES NON-SUICIDAL SELF-INJURY FUNCTION PRIMARILY AS AN EXPERIENTIALLY AVOIDANT BEHAVIOUR WITHIN AOTEAROA NEW ZEALAND? 2012

BULIMIA AND NON-SUICIDAL SELF-INJURY 2018

NONSUICIDAL SELF-INJURY 2019-04-25

RECIPROCAL RISK 2017

NON-SUICIDAL SELF-INJURY AMONG UNIVERSITY STUDENTS 2011

UNDERSTANDING SELF-HARM 2017

S.A.F.E. 2023-09-20

SOCIAL INFLUENCE AND FUNCTIONS OF NON-SUICIDAL SELF-INJURY IN UNIVERSITY STUDENTS 2007

NON-SUICIDAL SELF-INJURY IN SWEDISH ADOLESCENTS 2014

QUALITY OF PARENT-CHILD RELATIONSHIPS, ATTACHMENT, AND NON-SUICIDAL SELF-INJURY 2014

AN EXAMINATION OF THE BODY AND NON-SUICIDAL SELF-INJURY 2015

OPTIMISM AND INTERPERSONAL RISK FACTORS 2013

AN INVESTIGATION OF THE LATENT STRUCTURE OF EATING DISORDER BEHAVIORS AND NON-SUICIDAL SELF-INJURY (NSSI) 2017

A LONGITUDINAL EXAMINATION OF THE ASSOCIATION BETWEEN NON-SUICIDAL SELF-INJURY, EMOTIONAL INTELLIGENCE, AND FAMILY CONTEXT IN ADOLESCENTS 2016

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ASSESSING PROTECTIVE FACTORS FOR NON-SUICIDAL SELF-INJURY 2010

A FREQUENCY AND TEXTUAL ANALYSIS OF NON-SUICIDAL SELF INJURY IN PRINT-BASED MEDIA 2013

AMBULATORY ASSESSMENT OF ANTECEDENTS AND CONSEQUENCES OF NON-SUICIDAL SELF-INJURY 2023

UNDERSTANDING NON-SUICIDAL SELF-INJURY IN COLLEGE POPULATIONS 2010

NON-SUICIDAL SELF-INJURY, ATTACHMENT, EMOTION REGULATION AND CHILDHOOD TRAUMA IN UNIVERSITY STUDENTS 2007

THE ROLE OF NON-SUICIDAL SELF-INJURIOUS BEHAVIOR ON STRESS REGULATION IN PATIENTS WITH CURRENT AND REMITTED BORDERLINE PERSONALITY DISORDER 2018

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