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insights or truths for you if you do find an article challenging or not relevant and you want to quickly dismiss it i respectfully request that you come back to that article when you have time to fully relax explore if there is something in the article that you are choosing to ignore at this time and that if you were to fully explore that issue or idea perhaps it would open new doors or avenues of thought that will make a significant difference in your life this ebook contains a diverse collection of fifteen nlp and personal growth articles some articles will educate you on basic nlp concepts while others will challenge your current way of thinking and how you view the world around you if you take time to read all of the articles and fully consider what is said rather than quickly skimming them your thoughts about yourself and what is possible will most likely change a companion ebook contains another fifteen articles and a third is planned many of these articles appear on my website 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the articles particularly insightful while other articles may be challenging or not resonate for you at all and then your friends or family members may have totally different opinions on the articles yet again yet a year from now articles that you found particularly moving may no longer resonate as you have moved past that issue in your life while articles that originally did not make sense seemed inappropriate or were just bland may be the ones that hold new insights or truths for you if you do find an article challenging or not relevant and you want to quickly dismiss it i respectfully request that you come back to that article when you have time to fully relax explore if there is something in the article that you are choosing to ignore at this time and that if you were to fully explore that issue or idea perhaps it would open new doors or avenues of thought that will make a significant difference in your life far too many of us dream our dreams yet for one reason or another fail to take concerted effort to bring them to life this book is for those who are looking for more in life it provides clear instructions for eliciting and formulating your desired outcomes together with a proven process to attain

them coaches will find this book provides a practical outline for a series of coaching sessions i am the author of eight books three paperbacks and eight ebooks overall i have been successful in getting my books published and sold however i have made mistakes and learned some valuable lessons along the way this book is far from a complete resource on how to write publish and market your books the purpose of my book is to share with you my insights and experiences based on my mistakes and lessons learned in doing so my hope is to save you time and money and make your publishing experience less onerous more enjoyable and hopefully profitable for example do you know that in many countries there is a national organization that collects fees from organizations e g schools government for the right to copy published works these fees are then passed on to the registered authors publishers note the operating processes and eligibility requirements of these organizations vary from country to country nlp is a powerful personal change communication model based on solid theoretical footings psychology physiology systems theory and communication six typical nlp processes are described that anyone managers parents coaches etc can use to help themselves or others to be more resourceful be more aware of their actions on others or to undertake interesting and challenging opportunities parenting is not an idea concept or belief it s a process and therefore is neither static nor fixed in time that results in something special being created the parents handbook provides you with tools techniques insights and approaches to improve the way you communicate to be available emotionally and physically and to successfully fulfill the different roles expected of you as a parent this book does not pretend to know what is best for you nor will it tell you how to live your life it is a toolkit for transformation the life manual you didn t get when you were born it s all about recognizing you have choice you are always choosing you have the choice of continuing to do what you have always done and get the same results or you can choose to do something different you can get anything in the world that you want if you help somebody else get something they want zig zigler whether you are a parent son daughter friend employee manager or salesperson you are constantly influencing others to accept you your ideas products or services those who masterfully present themselves and their ideas in a win win manner get ahead those who do not may reap short term gains and eventually fail in their objective influence is critical in leadership negotiation teamwork sales resolving family issues and getting others to buy into your ideas follow and practice the concepts tips and processes described in this book and improve your influence results with anyone in a manner that achieves a win win outcome the emphasis is on expanding your influence skills and results in everyday situations for example through this book you will learn how to enhance your personal and business relationships create the career you want become a stronger negotiator enjoy the family life you desire create healthy work environments be who you choose to be whether you realize it or not you are constantly influencing other people s thoughts you do this through your actions as well as your inactions one of the best if not the best communication models is neuro linguistic programming nlp which forms a fundamental part of this book how important is the ability to influence others no matter whether you are a businessperson teacher parent stay at home spouse employee or manager dealing with people is probably the most important activity you undertake throughout the course of your day a number of years ago research sponsored by the carnegie foundation for the advancement of teaching and later confirmed at the carnegie institute of technology discovered that even in engineering about 15 percent of one s financial success is due to one s technical knowledge and about 85 percent is due to interpersonal skills if you are ready to be the difference that makes the difference in creating better results in your life grab a copy and let s get started how to take back your life when your things are taking over why does cliff a successful lawyer who regularly wins landmark cases step over two foot piles of paper whenever he opens his front door why do joan and paul ask children s services to take their three children instead of decluttering their home why does lucinda feel intense pressure to hold onto her family s heirlooms even though she has no room for them they have hoarding disorder which an estimated 2 to 6 of the adult population worldwide experience conquer the clutter offers hope to anyone affected by hoarding real life vignettes combined with easy to use assessment and intervention tools support those who hoard and those who care about them written by elaine birchall a social worker dedicated to helping people declutter and achieve long term control over their belongings the book provides an overview of hoarding defining what it is and is not explains the difference between clutter and hoarding describes different types of hoarding in detail including impulse shopping closet hoarding and animal hoarding debunks myths about hoarding and hoarders explores the effects that hoarding has on relationships on work and on physical and financial health presents a practical step by step plan of action for decluttering contains dedicated advice from individuals who have successfully overcome their hoarding disorder the

most comprehensive work about hoarding on the market conquer the clutter discusses special populations who are not often singled out such as the disabled and the elderly and includes numerous worksheets to assist individuals in determining the scope of their hoarding disorder and tackling the problem over 40 pages of additional resources are available online at jhupbooks press jhu edu title conquer clutter in this wonderfully captivating and sensual page turner from award winner laura lee guhrke a woman who foresees a crime and tries to prevent it finds white hot passion with a sexy skeptical scotland yard inspector sophie haversham would give anything not to have the gift of foresight after all her talent has already cost her one fiancé and reporting a crime that hasn t happened yet is no easy task especially when the future victim turns out to be the tough devastatingly attractive policeman handling the case inspector mick dunbar doesn t believe in visions and he s convinced that sophie is actually shielding a would be murderer only when sophie s life is in danger does mick realize he has fallen in love with this beautiful courageous woman who can see into his very mind and heart but will the knowledge come too late to save her a review of history antiquities and topography in the county

NLP and Personal Growth Thoughts 2013-06-28

this ebook contains a diverse collection of fifteen nlp and personal growth articles some articles will educate you on basic nlp concepts while others will challenge your current way of thinking and how you view the world around you if you take time to read all of the articles and fully consider what is said rather than quickly skimming them your thoughts about yourself and what is possible will most likely change a companion ebook contains another fifteen articles and a third is planned many of these articles appear on my website renewal ca as well some articles in whole or in part have appeared in my previous books or have been published in magazines or newsletters e g nasa s work life navigator newsletter the costco connection magazine tone magazine canadian mortgage professional magazine canadian real estate wealth magazine or internet sites such as positivelifingtv com a web component to the lifestyle television show positive living tv which aired on a channel citytv and one the mind body and spirit channel in canada evancarmichael com naturalhealthweb com nlp center net selfgrowth com lifecoachpnlp com nlpglobalstandards com and positivearticles com almost all articles in this ebook vary from the originals as they have been updated and or subjected to additional editing although you and i have some common interests we are far from identical we have experienced different childhoods have different cultural experiences and i am sure our beliefs and values differ in some way as a result you may find some of the articles particularly insightful while other articles may be challenging or not resonate for you at all and then your friends or family members may have totally different opinions on the articles yet again yet a year from now articles that you found particularly moving may no longer resonate as you have moved past that issue in your life while articles that originally did not make sense seemed inappropriate or were just bland may be the ones that hold new insights or truths for you if you do find an article challenging or not relevant and you want to quickly dismiss it i respectfully request that you come back to that article when you have time to fully relax explore if there is something in the article that you are choosing to ignore at this time and that if you were to fully explore that issue or idea perhaps it would open new doors or avenues of thought that will make a significant difference in your life

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or idea perhaps it would open new doors or avenues of thought that will make a significant difference in your life

Live Your Dreams Let Reality Catch Up: 5 Step Action Plan 2010-11-02

far too many of us dream our dreams yet for one reason or another fail to take concerted effort to bring them to life this book is for those who are looking for more in life it provides clear instructions for eliciting and formulating your desired outcomes together with a proven process to attain them coaches will find this book provides a practical outline for a series of coaching sessions

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i am the author of eight books three paperbacks and eight ebooks overall i have been successful in getting my books published and sold however i have made mistakes and learned some valuable lessons along the way this book is far from a complete resource on how to write publish and market your books the purpose of my book is to share with you my insights and experiences based on my mistakes and lessons learned in doing so my hope is to save you time and money and make your publishing experience less onerous more enjoyable and hopefully profitable for example do you know that in many countries there is a national organization that collects fees from organizations e g schools government for the right to copy published works these fees are then passed on to the registered authors publishers note the operating processes and eligibility requirements of these organizations vary from country to country

NLP Techniques Anyone Can Use 2010-10-31

nlp is a powerful personal change communication model based on solid theoretical footings psychology physiology systems theory and communication six typical nlp processes are described that anyone managers parents coaches etc can use to help themselves or others to be more resourceful be more aware of their actions on others or to undertake interesting and challenging opportunities

Parents' Handbook: NLP and Common Sense Guide for Family Well-Being 2010-11-23

parenting is not an idea concept or belief it s a process and therefore is neither static nor fixed in time that results in something special being created the parents handbook provides you with tools techniques insights and approaches to improve the way you communicate to be available emotionally and physically and to successfully fulfill the different roles expected of you as a parent

Win-Win_Influence 2010-12-15

this book does not pretend to know what is best for you nor will it tell you how to live your life it is a toolkit for transformation the life manual you didn t get when you were born it s all about recognizing you have choice you are always choosing you have the choice of continuing to do what you have always done and get the same results or you can choose to do something different

Live Your Dreams... Let Reality Catch Up 2012-08-24

you can get anything in the world that you want if you help somebody else get something they want zig zigler whether you are a parent son daughter friend employee manager or salesperson you are constantly influencing others to accept you your ideas products or services those who masterfully present themselves and their ideas in a win win manner get ahead those who do not may reap short term gains and eventually fail in their objective influence is critical in leadership negotiation teamwork sales resolving family issues and getting others to buy into your ideas follow and practice the concepts tips and processes described in this book and improve your influence results with anyone in a manner that achieves a win win outcome the emphasis is on expanding your influence skills and results in everyday situations for example through this book you will learn how to enhance your personal and business relationships create the career you want become a stronger negotiator enjoy the family life you desire create healthy work environments be who you choose to be whether you realize it or not you are constantly influencing other people s thoughts you do this through your actions as well as your inactions one of the best if not the best communication models is neuro linguistic programming nlp which forms a fundamental part of this book how important is the ability to influence others no matter whether you are a businessperson teacher parent stay at home spouse employee or manager dealing with people is probably the most important activity you undertake throughout the course of your day a number of years ago research sponsored by the carnegie foundation for the advancement of teaching and later confirmed at the carnegie institute of technology discovered that even in engineering about 15 percent of one s financial success is due to one s technical knowledge and about 85 percent is due to interpersonal skills if you are ready to be the difference that makes the difference in creating better results in your life grab a copy and let s get started

Win-Win Influence: How to Enhance Your Personal and Business Relationships (with NLP) 2019-10-01

how to take back your life when your things are taking over why does cliff a successful lawyer who regularly wins landmark cases step over two foot piles of paper whenever he opens his front door why do joan and paul ask children s services to take their three children instead of decluttering their home why does lucinda feel intense pressure to hold onto her family s heirlooms even though she has no room for them they have hoarding disorder which an estimated 2 to 6 of the adult population worldwide experience conquer the clutter offers hope to anyone affected by hoarding real life vignettes combined with easy to use assessment and intervention tools support those who hoard and those who care about them written by elaine birchall a social worker dedicated to helping people declutter and achieve long term control over their belongings the book provides an overview of hoarding defining what it is and is not explains the difference between clutter and hoarding describes different types of hoarding in detail including impulse shopping closet hoarding and animal hoarding debunks myths about hoarding and hoarders explores the effects that hoarding has on relationships on work and on physical and financial health presents a practical step by step plan of action for decluttering contains dedicated advice from individuals who have successfully overcome their hoarding disorder the most comprehensive work about hoarding on the market conquer the clutter discusses special populations who are not often singled out such as the disabled and the elderly and includes numerous worksheets to assist individuals in determining the scope of their hoarding disorder and tackling the problem over 40 pages of additional resources are available online at jhupbooks press jhu edu title conquer clutter

Conquer the Clutter 2010-11-23

in this wonderfully captivating and sensual page turner from award winner laura lee guhrke a woman who foresees a crime and tries to prevent it finds white hot passion with a sexy skeptical scotland yard inspector sophie haversham would give anything not to have the gift of foresight after all her talent has already cost her one fiancé and reporting a crime that hasn t happened yet is no easy task especially when the future victim turns out to be the tough devastatingly attractive policeman handling the case inspector mick dunbar doesn t believe in visions and he s convinced that sophie is actually shielding a would be murderer only when sophie s life is in danger does mick realize he has fallen in love with this beautiful courageous woman who can see into his very mind and heart but will the knowledge come too late to save her

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