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perform the following procedure with the front wheel on the floor slide the travel indicator o ring 1 against the wiper seal 2 remove the valve cap 3 and attach a suspension pump to the valve 4 record the air pressure then release all the air with the pump bleed valve

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table of contents cannondale lefty rebuild guide 1 sourcing reliable information of cannondale lefty rebuild guide fact checking ebook content of gbd 200 distinguishing credible sources 2 embracing ebook trends integration of multimedia elements interactive and gamified ebooks 3

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