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business many people would just as soon avoid them but meetings can save hours of time spent playing phone tag or waiting for responses to email messages the key to effective meetings is in the

<u>201 icebreakers group mixers warm ups energizers and Nov 29 2022 designed specifically</u> for trainers speakers and group facilitators this book features activities games quizzes energizers and brain teasers to break the ice at the beginning of any meeting or to recharge participants on the brink of boredom

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