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Psychosocial Health and Well-being in High-Level Athletes 2019-05-03 the psychological health of competitive athletes is of paramount importance to performance retention and well being in sport and national governing bodies are increasingly concerned with its promotion psychosocial health and well being in high level athletes offers students researchers and practicing sport psychologists an accessible and rigorous grounding in the manifestations of psychosocial health in athletes the threats athletes face to their psychosocial health and the interventions which can be designed to enhance it seeking to guide future research and expand professional understanding of psychosocial issues in sport the book is based on a model of cognitive emotional social and spiritual health it clearly defines these dimensions in a sporting context before discussing pertinent threats such as career transitions injuries and abuse and interventions including adversarial growth life skill interventions prevention and organization policy and mindfulness based interventions providing an innovative and integrated perspective on psychosocial health and well being in competitive sport this book is essential reading for upper level students taking any clincial sport psychology modules and for sport psychologists coaches and administrators working with competitive athletes

Development Through The Lifespan 2022-06-24 now published by sage with its seamless integration of up to date research strong multicultural and cross cultural focus and clear engaging narrative development through the lifespan by best selling author laura e berk has established itself as the market s leading text known for staying current the fully updated seventh edition offers the latest most relevant research and applications in the field of human development new and compelling topics rich examples coupled with berk s signature storytelling style makes this edition the most accessible and engaging text available to students today included with this title lms cartridge import this title s instructor resources into your school s learning management system lms and save time don t use an lms you can still access all of the same online resources for this title via the password protected instructor resource site learn more Smart Health 2017-10-27 this book constitutes the thoroughly refereed post conference proceedings of the international conference for smart health icsh 2017 held in hong kong china in june 2017 the 18 full papers and 13 short papers presented were carefully reviewed and selectedfrom 38 submissions they focus on studies on the principles approaches models frameworks new applications and effects of using novel information technology to address healthcare problems and improve social welfare Exploring Lifespan Development 2022-06-27 now published by sage exploring lifespan development fourth edition the essentials version of development through the lifespan seventh edition by best selling author laura e berk includes the same topics the same number of chapters and the same outstanding features with a focus on the most important information and a greater emphasis on practical real life applications the text s up to date research strong multicultural and cross cultural focus along with berk s engaging writing style help students carry their learning beyond the classroom and into their personal and professional lives included with this title lms cartridge import this title s instructor resources into your school s learning management system lms and save time don t use an lms you can still access all of the same online resources for this title via the password protected instructor resource site learn more "di Rumah Unika" 2020-06-17 tulisan tulisan di dalam buku ini adalah gambaran kekayaan intelektual sekaligus kepekaan sosial religius dari para penulis artikel yang tersaji melalui paparan tajam mengenai dampak dan solusi atas pandemi covid 19 dari berbagai bidang ilmu keberagaman gaya tulis pemaparan ide dan analisa yang tampak dalam buku ini menunjukkan keotentikan tulisan para civitas akademika unika soegijapranata yang dibungkus dengan pemikiran kreatif solusi cerdas serta rasa cinta mendalam akan tanah air setiap tulisan yang disajikan dalam buku ini disarikan oleh masing masing penulis

dari paparan yang dikaji di rumah unika sebuah serial diskusi yang menyoroti sekaligus menawarkan solusi kreatif atas beragam fenomena yang muncul sebagai dampak covid 19 mengiringi hangatnya serial diskusi yang telah berlangsung kiranya buku ini dapat memberikan masukan dan wawasan baru bagi setiap pihak yang berkepentingan editor The Dimensions of Health 2010-10-25 the dimensions of health conceptual models is an introductory text that examines the five dimensions of personal health physical social emotional intellectual and spiritual each chapter provides context for the study of that dimension includes examples of how experts think about that dimension presents two or more models developed by scholars and professionals discusses identifiable characteristics associated with each dimension by incorporating a variety of perspectives the dimensions of health enables students to formulate their own answer to the question what is health this text is perfect for use in conjunction with a personal health text or as a standalone for any personal health course

Family Medicine 2013-06-29 john s millis in 1966 the citizens commission on graduate medical education observed that the explosive growth in biomedical science and the consequent increase in medical skill and technology of the twentieth century had made it possible for physicians to respond to the episodes of illness of patients with an ever increasing effectiveness but that the increase in knowledge and technology had forced most physicians to concentrate upon a disease entity an organ or organ system or a particular mode of diagnosis or therapy as a result there had been a growing lack of continuing and comprehensive patient care the commission expressed the opinion that now in order to bring medicine s enhanced diagnostic and therapeutic powers fully to the benefit of society it is necessary to have many physicians who can put medicine together again the commission proceeded to recommend the education and training of sub stantial numbers of primary physicians who would by assuming primary responsi bility for the patient s welfare in sickness and in health provide continuing and comprehensive health care to the citizens of the united states in 1978 it is clear that the recommendation has been accepted by the public the medical profession and medical education there has been a vigorous response in the development of family medicine and in the fields of internal medicine pediatrics and obstetrics one is particularly impressed by the wide acceptance on the part of medical students of the concept of the primary physician dr john s

Fundamentals of Family Medicine 2012-12-06 this book is intended as an introduction to family medicine and to the behaviors concepts and skills upon which the clinical practice of the discipline is based the chapters that follow will provide a foundation for the student during the pre doctoral years a base upon which he or she can build during residency training and practice fundamentals of family medicine presents part i the first 36 chapters of family medicine principles and practice because it is intended that the student will eventually move from use of this extracted material to the full textbook the preface to the comprehensive edition has been included and cross references to later chapters have been retained why publish a student edition medical students in various schools partici pate in courses covering a wide range of topics including communication skills family dynamics medical ethics human sexuality disease prevention aging and death departments of family medicine generally assume a leadership role in presentation of such courses and this book is intended to integrate these eclectic topics into a single textbook

term papers each chapter contains skills introduction and readings which are followed by comprehension checks and skills exercises skills taught are reviewed at increasing levels of difficulty as the book progresses $\square\square\square\square\square$ 1 2010-05 □□□□□□ 2002-02 _____*55* 2018-06-08 _____ 2002-12 <u>_____</u> 2001-06-05

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