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foraging for mushrooms can be a challenging but ultimately enjoyable and rewarding experience it s a great way to reconnect with nature too but be sure to do a bit of research beforehand or pack a good field guide wild mushrooms are delicious and probably grow close to where you live here s how to find pick and preserve them and avoid eating the wrong kind summer mushroom foraging is often means big baskets and bountiful harvests as there are plenty of edible wild mushrooms in the woods this time of year it s a great excuse to beat the heat with a stroll through a cool shady spot in the woods where most mushrooms thrive mushroom foraging is a fantastic hobby that can even earn you money not only are foraged mushrooms delicious but they sell for high prices plus you can supplement your diet with some healthy and free veggies 8 turkey tail mushrooms trametes versicolor season found year round but tends to grow more in the late fall and winter months especially when the weather is cooler and wetter habitat can be found growing on dead or decaying hardwood trees logs stumps and branches to become proficient in mushroom foraging you must excel in species identification comprehend the various habitats and adapt to foraging across different regions let s enhance your knowledge with some specialized techniques

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