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399 records screened 15 studies incorporating 17 trials of hypnosis met the inclusion criteria at the end of active treatment 17 trials produced a mean weighted effect size of 0.79 p 0.01 indicating the average participant receiving hypnosis reduced anxiety more than about 79% of control participants [1] the london college of clinical hypnosis asia lcch asia is devoted to excellence in the teaching learning and practice of clinical hypnotherapy and related psychotherapies we are committed to our students and engaged in expanding the boundaries of human knowledge in body mind medicine and integrative health [2] 2023 [3] clinical hypnotherapy offers an exciting way of exploring the mind you will discover hidden truths about yourself an opportunity for a second career pathway and new methods for helping your clients to heal the practitioner diploma takes you step by step through to graduating as a clinical hypnotherapist [4] welcome to nbcch 30 years of hypnotherapist certification join now is your practice specialization unique have you published a book recently want to do a short interview on zoom text or call 310 703 7449 to let us know looking for a bilingual practitioner or a bilingual hypnosis training look under the training or practitioner [5] [6] 2023 [7] 1 medical certificate in clinical hypnosis 2 diploma in clinical hypnotherapy when you have completed both parts you will graduate as a clinical hypnotherapist with a uk accredited medical diploma in clinical hypnotherapy enquire now overview education path programme content method of [8] 2024 [9] in this episode we speak to debbie howes a clinical psychologist based in mondeor south africa she discusses the topic of hypnotherapy and unconscious repatterning with us from a clinical psychologist s perspective

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