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defensive players work together as well but with a more single minded focus on stopping the ball while players on the offense work together based on established plays defensive players are more reactionary and focus their efforts on adapting to the other team s strategies

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offense quarterback the leader of the offense who is tasked with calling and making plays along with passing the ball patrick mahomes and lamar jackson are two of the best quarterbacks in the game right now running back running backs line up either behind or alongside the quarterback

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offense and defense are two words that are often used interchangeably however they have distinct meanings offense means taking action to achieve a goal or gain an advantage defense means protecting oneself or something from harm or attack

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1 serving to defend or protect defensive fortifications 2 a devoted to resisting or preventing aggression or attack defensive behavior he became defensive when i brought up his spending habits b sports of or relating to the attempt to keep an opponent from scoring in a game or contest a player with good defensive skills

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mcwp 3 01 provides the basics of offensive and defensive tactics from the squad level to the marine division and points the reader to references for further study

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main differences between offensive and defensive behavior offensive behavior refers to a first mover action that uses force and aggression to attack whereas defensive behavior refers to a responsive action that uses force and aggression to protect oneself from an attack

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although offense and defense are opposites offensive and defensive aren t always defensive can mean anxiously challenging of all criticism offensive can mean not just attacking someone or something but belching insulting people or otherwise not respecting common standards of behavior

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offensive cybersecurity preemptively identifies vulnerabilities and security weaknesses before an attacker exploits them offensive cybersecurity teams actively test the network s defenses and provide valuable insights into an organization s cybersecurity posture

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