Free pdf Making cream soap (PDF)

cream or whipped soap is a bit different from bar or liquid soap it s more of a hybrid here s how to make the base this is a 2 step process that involves making a paste and then whipping the paste into a soap i love whipped soap it s so soft and creamy almost more like using a lotion but most of the recipes i ve found rely on a pre made whipped soap base making soap with heavy whipping cream can make the soap rich creamy and moisturizing so follow the right preparation steps to make the best possible pretty much any cold process soap recipe that calls for water can be made with milk or a milk substitute instead you just need to take a little different approach to make sure you don't scorch the milk or overheat your soap this is a tutorial about how to make cream soap using the cold process method other than melting the stearic acid and coconut oil there was no cooking week 20 of soaping 101 and we are learning how to make cream soap soaping 101 supplies goo gl 7zwt4k if you are not familiar with soap making i would strongly suggest learning how to make soap using the cold process and hot process methods before attempting whipped cream soap my adventure with whipped cream soap for discounts and stock updates sign up for our newsletter here dashboard mailerlite com forms 322833 79730829943637527 shareget my recipes here at how i make my whipped cream soap free tutorial with pictures on how to make soap in 14 steps by making beauty products with glycerin distilled water and lye how to posted by zaja natural two of the most popular methods are the melt and pour and cold process the others are more advanced methods each method has pros cons and variations melt and pour this easy process involves melting pre made blocks of soap and adding your own fragrance cream soap recipe 1 bar soap 4 6 cups water 1 tsp glycerin 2 cups vegetable shortening 1 cup coconut oil 10 15 drops essential oils optional recipe directions shred bar of soap and set aside on low to medium heat place shredded soap into a pot with 4 cups of water adding more if needed method add all the ingredients except the preservative into a heat resistant container choose a big enough container so we can later whip the soap remember to use a respiratory mask when working with fine powders place the container into a double boiler on medium heat for 20 25 min first let's start with an easy recipe stage one stearic acid 8 4oz sweet almond oil 2 55oz coconut oil 3 1oz shea butter 2 1oz glycerin 5 Ooz stage two water 3 oz kaolin clay 2oz lye water water 15 6 oz for your soap to hold its shape you need a mixture of hard oils like shea butter and non greasy humectants like glycerin once you have your moisturizing base you can add your soap and whichever essential oils and colors you choose whipped soap ingredients ingredients used 1 small peach or frozen peaches if you wish 1 can of organic coconut milk i prefer the thai kitchen brand distilled water other tools used cutting board knife vegetable peeler blender or food processor cheese grater or box grater making the peach puree prep the peaches peel and cut peach into wedges c olorants additives instant coffee 1 teaspoon heavy whipping cream 102 grams step 1 create a lye solution weigh the water and lye into two separate containers directions for making coconut cream soap start by melting down your soap base in a pyrex bowl microwave it in short bursts about 15 or 30 seconds and mix in between to prevent over heating the coconut soap base when it s all melted you can mix in all the ingredients and incorporate the ingredients fully i slice the soap base into cubes it cuts easily with a kitchen knife place them inside a 4 cup pyrex measuring cup and melt in the microwave in 20 30 second increments stirring well after each microwave session to ensure that the soap is completely melted david fisher updated on 09 18 20 jiunnlin chen eyeem getty images project overview total time 2 hrs skill level intermediate estimated cost 20 to 30 whipped soap is fun to make and it gives you a unique look every time the soap is light and can form small tufts that almost look like frosting decorations you d see on a cake

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pretty much any cold process soap recipe that calls for water can be made with milk or a milk substitute instead you just need to take a little different approach to make sure you don't scorch the milk or overheat your soap

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two of the most popular methods are the melt and pour and cold process the others are more advanced methods each method has pros cons and variations melt and pour this easy process involves melting pre made blocks of soap and adding your own fragrance

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cream soap recipe 1 bar soap 4 6 cups water 1 tsp glycerin 2 cups vegetable shortening 1 cup coconut oil 10 15 drops essential oils optional recipe directions shred bar of soap and set aside on low to medium heat place shredded soap into a pot with 4 cups of water adding more if needed

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method add all the ingredients except the preservative into a heat resistant container choose a big enough container so we can later whip the soap remember to use a respiratory mask when working with fine powders place the container into a double boiler on medium heat for 20 25 min

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first let's start with an easy recipe stage one stearic acid 8 4oz sweet almond oil 2 55oz coconut oil 3 1oz shea butter 2 1oz glycerin 5 0oz stage two water 3 oz kaolin clay 2oz lye water water 15 6 oz

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for your soap to hold its shape you need a mixture of hard oils like shea butter and non greasy humectants like glycerin once you have your moisturizing base you can add your soap and whichever essential oils and colors you choose whipped soap ingredients

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ingredients used 1 small peach or frozen peaches if you wish 1 can of organic coconut milk i prefer the thai kitchen brand distilled water other tools used cutting board knife vegetable peeler blender or food processor cheese grater or box grater making the peach puree prep the peaches peel and cut peach into wedges

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c olorants additives instant coffee 1 teaspoon heavy whipping cream 102 grams step 1 create a lye solution weigh the water and lye into two separate containers

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directions for making coconut cream soap start by melting down your soap base in a pyrex bowl microwave it in short bursts about 15 or 30 seconds and mix in between to prevent over heating the coconut soap base when it s all melted you can mix in all the ingredients and incorporate the ingredients fully

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