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# hypoglycemia symptoms and causes mayo clinic *Mar 31* 2024

hypoglycemia is a condition in which your blood sugar glucose level is lower than the standard range glucose is your body s main energy source hypoglycemia is often related to diabetes treatment but other drugs and a variety of conditions many rare can cause low blood sugar in people who don t have diabetes

#### low blood sugar hypoglycemia diabetes cdc Feb 28 2024

when they drop below 70 mg dl this is called having low blood sugar at this level you need to take action to bring it back up low blood sugar is especially common in people with type 1 diabetes knowing how to identify low blood sugar is important because it can be dangerous if left untreated

#### diabetes diagnosis and treatment mayo clinic Jan 29 2024

if your blood sugar level drops below your target range it s known as low blood sugar diabetic hypoglycemia if you re taking drugs that lower your blood sugar including insulin your blood sugar level can drop for many reasons

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for many people low blood sugar hypoglycemia is a blood sugar level below 70 milligrams per deciliter mg dl or 3 9 millimoles per liter mmol l but your numbers might be different ask your health care provider about the appropriate range to keep your blood sugar target range

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overview diabetes mellitus refers to a group of diseases that affect how the body uses blood sugar glucose glucose is an important source of energy for the cells that make up the muscles and tissues it s also the brain s main source of fuel the main cause of diabetes varies by type

## hypoglycemia low blood glucose american diabetes association *Oct 26 2023*

hypoglycemia low blood glucose throughout the day depending on multiple factors blood glucose also called blood sugar levels will vary up or down this is normal if it varies within a certain range you probably won t be able to tell but if it goes below the healthy range and is not treated it can get dangerous

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