

Free ebook The life youve always wanted participants guide six sessions on spiritual disciplines for ordinary people (Download Only)

Spiritual Disciplines for the Christian Life Spiritual Disciplines The Workbook on Spiritual Disciplines Spiritual Disciplines for Ordinary People The Life You've Always Wanted Spiritual Disciplines for Today Spiritual Disciplines Handbook Practices of Love Disciplined for Life The Use of Classical Spiritual Disciplines in Evangelical Devotional Life Spiritual Disciplines for Everyday Living Sacred Chaos The Life You've Always Wanted Rediscovering the Spiritual Disciplines for Today's Ministry Leadership: A Journey of Proactive Spiritual Formation for Leaders Spiritual Disciplines Companion Spiritual Disciplines Year with God A Short Guide to Spiritual Disciplines Relentless Spirituality Simplify Your Spiritual Life Disciplines of the Holy Spirit The Making of an Ordinary Saint Spiritual Disciplines Devotional Habits for Our Holiness Spiritual Disciplines Handbook Marriage Spirituality The Bible and Spiritual Disciplines Intimate Faith Spiritual Disciplines Watchfulness Intimacy with God More Than Wanderers The Life You've Always Wanted Life on Fire Spiritual Disciplines Journal Spiritual Disciplines for Urban Christians Spiritual Disciplines for the Christian Life Spiritual Disciplines for Everyday Living A Man's Guide to the Spiritual Disciplines Celebrating the Disciplines

Spiritual Disciplines for the Christian Life 2014-05-23 drawn from a rich heritage spiritual disciplines for the christian life will guide you through a carefully selected array of disciplines by illustrating why the disciplines are important showing how each one will help you grow in godliness and offering practical suggestions for cultivating them spiritual disciplines for the christian life will provide you with a refreshing opportunity to become more like christ and grow in character and maturity now updated and revised to equip a new generation of readers this anniversary edition features in depth discussions on each of the key disciplines

Spiritual Disciplines 2014-07-07 the spiritual disciplines pamphlet explains the classic spiritual disciplines that help us follow jesus scripture reading prayer fasting worship solitude and evangelism the spiritual disciplines pamphlet makes an excellent handout or bible study on christian maturity for a small group or sunday school class it addresses questions such as what does it mean to be jesus disciples in the twenty first century do spiritual disciplines look different in an electronic age how can spiritual disciplines be a joy not a legalistic burden includes an explanation and advice on these spiritual disciplines bible reading study prayer fasting worship service solititude discernment evangelism each spiritual discipline includes examples from people in the bible tips for getting started how each discipline helps us to have a christ focused life discussion questions scripture reading read two of the bible passages from the list on page 5 in your opinion what is the message of these passages read the section on the disciplines today some people love to read the bible others see it as a challenge what ideas might work for those who struggle prayer read one of the psalms listed at the top of page 6 and pick one other bible passage in that section what is the writer of the psalms expressing in his prayer is he being honest with god about his emotions and problems in what way does this change your view of prayer what attitude should we have what kinds of prayers should we avoid pick one of the ideas in the disciplines today and share how you might apply it fasting choose two of the passages at the top of page 8 to read why did these people choose to fast now look at the quote how can we keep our focus on the right thing fasting is one of the most neglected of the spiritual disciplines but it is excellent for teaching us self control look at the tips how might you practice the discipline of fasting worship people worship in many ways as we can see from the biblical examples at the top of page 9 which of these suit your personality and circumstances the most look at the first point under the disciplines today in practical ways how can we develop the right attitudes when we worship in a group the experience is often different from our private times of worship what are the benefits of each service jesus could have forced and bullied everyone into obeying him yet he did not he chose to be a servant pick one of the passages from the biblical basis section at the top of page 10 and explain how jesus leadership is different from the kind of leadership found in the world today read the tips on page 10 how will you serve others in a way that imitates jesus solitude many biblical leaders sought to be alone with god pick one of the examples on page 11 and note anything of interest to you if you are the type of person who likes having a lot of noise in your life how do you practice solitude what are the benefits of going off by yourself and praying and resting discernment look at the examples of biblical discernment at the top of page 12 read both of the last two bullet points in the biblical basis section what does discernment mean and how does it look today some people seem to have the spiritual gift of discernment but all believers can be more discerning in general why is it important to discuss issues with other believers evangelism read all of the points at the top of page 13 what did jesus teach look at the tips what do you see as the most important it is often easiest and most natural to share your own story with close friends do you ever sense an opportunity to discuss spiritual matters perfect for discipleship or small groups

The Workbook on Spiritual Disciplines 1984 the workbook on spiritual disciplines is a six week study on spiritual disciplines for the enhancement of the devotional life it is designed to be used by small groups especially in the local church setting maxie dunnam believes that discipline is required for the christian life but discipline is not to be seen as a religious practice that has merit within itself it is a means to an end the end toward which the discipline takes us is to grow spiritually to mature in our christian faith and life to be alive in christ

Spiritual Disciplines for Ordinary People 1991 drury offers practical help for mastering the everyday issues in your spiritual life that add up to real life change each down to earth chapter tackles a real life obstacle that christians face such as making things right with others forgiving those who have hurt you conquering impure thoughts and winning the battle against pride

The Life You've Always Wanted 2004-07-23 based on john ortberg s ecpa bestseller on the spiritual disciplines john ortberg takes jesus call to abundant living seriously joyfully and realistically he believes human transformation is genuinely possible and he describes its process in sane and practical ways richard j fosterauthor celebration of discipline and prayer finding the heart s true homewhat does truth spiritual life really look like what keeps you from living such a life how can you pursue it if you re tired of the status quo if you suspect there s more to christianity than what you ve experienced john ortberg invites you and your small group to join him on a road to transformation and spiritual vigor that anyone can take designated to help you make the journey together the new life you re always wanted zondervangroupware guides you down the ancient path of the spiritual disciplines as in a marathon the secret lies not in trying harder but in training consistently proven by followers of jesus over the centuries the spiritual disciples are exercises that strengthen your endurance race on the road of growth as you and your group continue down that road you ll see the signposts joy peace kindness and all the hallmarks of a faith that s vital real and growing sidebar the life you ve always wanted kit includes 1 leader s guide1 participant s guide1 copy of the life you ve always wanted hardcover edition1 video in both vhs and dvd formatsall items except video also sold separately sessions include 1 it s morphing time2 slowing down and celebrating3 praying and confessing4 meditating on scripture and seeking guidance5 practicing servanthood finding freedom6 going the distance with a well ordered heartzondervangroupware delivers personal spiritual growth through compelling biblical content minimal preparation time for both leader and participant proven learning techniques using individual participant s guides and a variety of media meaningful interaction in groups of any size in any setting

Spiritual Disciplines for Today 2015-11-25 at your salvation your spirit was renewed but your soul and body was not changed spiritual disciplines are given to us by god they provide a way of sowing to the spirit and they help you put off the old man and put on the new man see ephesians 4 22 24 by doing this you renew your soul so it

will agree with your renewed spirit as the saying means to an end goes the spiritual disciplines are the means while the end is intimacy with god by exercising the spiritual disciplines we are helped to mature spiritually and are put in a place where god can work within us to transform us if we truly want to walk with god we will exercise the spiritual disciplines spiritual disciplines are for everyone to use and should be a natural part of a christian's life as natural as breathing in this book the eleven main spiritual disciplines meditation prayer fasting study simplicity submission confession solitude service guidance and worship are described as well as how to apply them in today's world the author's first two books are a young person's guide to christianity and a christian understanding of deception gaining an appreciation of how satan uses deception

Spiritual Disciplines Handbook 2015-11-19 maybe you long for a more intimate prayer life or deeper insight from god's word but just don't know how to get there or maybe you want to learn about new spiritual disciplines like visio divina unplugging or attentiveness in spiritual disciplines handbook adele calhoun gives us directions for our continuing journey toward intimacy with christ while the word discipline may make us want to run and hide the author shows how desires and discipline work together to lead us to the transformation we're longing for the transformation only christ can bring instead of just giving information about spiritual disciplines this handbook is full of practical accessible guidance that helps you actually practice them with over 80 000 copies in print this well loved catalog of seventy five disciplines has been revised throughout and expanded to include thirteen new disciplines along with a new preface by the author mothers fathers plumbers nurses students we're all on a journey and spiritual disciplines are for all of us who desire to know christ deeply and be like him here is direction for our desire leading us to the ultimate destination more of christ himself

Practices of Love 2017-08-22 spiritual disciplines are often viewed primarily as a means to draw us closer to god while these practices do deepen and enrich our vertical relationship with god kyle david bennett argues that they were originally designed to positively impact our horizontal relationships with neighbors strangers enemies friends family animals and even the earth bennett explains that this horizontal dimension has often been overlooked or forgotten in contemporary discussions of the spiritual disciplines this book offers an alternative way of understanding the classic spiritual disciplines that makes them relevant doable and meaningful for everyday christians bennett shows how the disciplines are remedial practices that correct the malformed ways we do everyday things such as think eat talk own work and rest through personal anecdotes engagement with scripture and vivid cultural references he invites us to practice the spiritual disciplines wholesale and shows how changing the way we do basic human activities can bring healing renewal and transformation to our day to day lives and the world around us

Disciplined for Life 1992 as you study and apply the spiritual disciplines you will find fresh power and enthusiasm to live like christ leave the treadmill of spiritual drudgery behind as you discover how you can be disciplined for life

The Use of Classical Spiritual Disciplines in Evangelical Devotional Life 2008-03-01 this is a presentation of a research project on the effect of classical spiritual disciplines on the spiritual and psychological well being of participants eighteen persons studied and practiced thirteen different spiritual disciplines over a period of six months pretests and posttests measured the resultant change foundational chapters survey the literature of the disciplines and discuss the potential benefits and dangers of the spiritual practices considered substantial appendices contain the lessons presented on the disciplines themselves as well as the test instruments used to measure results a narrative relating the progress of the project from inception to completion is included

Spiritual Disciplines for Everyday Living 1987-10 rhodes offers a fresh view of connecting to god one that focuses on quality time and frees people from the rigidity of a devotional life that may feel stifled grow stagnant or bring about guilt

Sacred Chaos 2009-05-14 ignite a deeper more vibrant relationship with god that impacts not just your spiritual life but every aspect of your daily life john ortberg calls readers back to the dynamic heartbeat of christianity god's power to bring change and growth and reveals how and why transformation takes place the life you've always wanted offers modern perspectives on the ancient path of the spiritual disciplines but it is more than just a book about things to do to be a good christian it's a road map toward true transformation that starts not with the individual but with the person at the journey's end jesus christ as with a marathon runner the secret to finishing a race lies not in trying harder but in training consistently training with the spiritual disciplines the disciplines are neither taskmasters nor ends in themselves rather they are exercises that build strength and endurance for the road of growth the fruit of the spirit joy peace kindness etc are the signposts along the way paved with humor and sparkling anecdotes the life you've always wanted is an encouraging and challenging approach to a christian life that's worth living a life on the edge that fills an ordinary world with new meaning hope change and joy

The Life You've Always Wanted 2009-05-18 military chaplains are highly trained professionals with multiple graduate degrees and varying civilian pastoral experience they enter the chaplaincy after a rigorous selection process and military courses which all must verify their calling to military ministry throughout a chaplain's career he or she will attend many continuing education seminars civilian education graduate programs and conferences all provided by the military however chaplains are challenged with the rigorous multitasked environment of this ministry multiple deployments into combat have negatively impacted the personal lives of those seeking to care for the souls of the soldier this book encourages the importance of spiritual resiliency in the lives of leaders both military and civilian leaders who regularly practice spiritual disciplines will be less likely to suffer personal and professional failure or burnout second the leader's practice of spiritual disciplines is essential to fostering positive modeling and mentoring for young chaplains and those wishing to serve third practicing historic christian spiritual disciplines will benefit those who strive to lead congregations and especially military installations in the free exercise of their faith

Rediscovering the Spiritual Disciplines for Today's Ministry Leadership: A Journey of Proactive

Spiritual Formation for Leaders 2021-10-29 spiritual disciplines connect us to the god who wants to transform our souls we discover these time tested practices in the bible as we look at the everyday ways jesus related to god

these companion studies and exercises will help you to explore sixteen core practices three segments on each practice a total of forty eight sessions allow space to go beyond superficial understanding and to begin to live in a new way jan johnson a seasoned writer in both the areas of spiritual formation and bible study has created a unique mix of inductive bible study guided meditation and transformational exercises spanning all the styles of learning and offering something for everyone you can use this book effectively on your own or with a group discover what it means to live in the grace and light of god s transforming presence also available the spiritual disciplines bible studies series of eight titles offers these studies in six week guides with notes for leaders included explore silence service secrecy prayer listening bible study scripture meditation community submission reflection confession fasting simplicity worship celebration

Spiritual Disciplines Companion 2012-05-25 eyre encourages us to practice six vital disciplines for spiritual growth prayer meditation fellowship worship giving and fasting

Spiritual Disciplines 1992-08 many people are longing to find the footprint of god in their daily lives this beautiful daily companion is comprised of 365 selections of scripture commentary meditations and daily exercises to help readers see how they can bring their entire life into a life with immanuel a god who is with his people in richard foster s best selling book celebration of discipline he explored the classic disciplines or central spiritual practices of the christian faith foster showed that it is only by and through these practices that the true path to spiritual growth can be found in a year with god the spiritual disciplines are presented in such a way that does not destroy the soul but enables the reader to enter into a transforming life with god through daily spiritual exercises and meditations a year with god explores eighteen spiritual disciplines the inward disciplines of meditation prayer fasting and study offer avenues of personal examination and change the outward disciplines of simplicity solitude submission and service help prepare one to make the world a better place the corporate disciplines of confession worship guidance and celebration bring one nearer to others and to god each discipline will be given twenty days of readings beginning with scripture and followed by commentary a meditation and a spiritual exercise practicing these spiritual disciplines will help readers live intentionally contributing to a more balanced spiritual life and a reformation of the inner self

Year with God 2016-04-19 every christian wants to grow into the person god made him to be every christian has a healthier more spiritually mature version of herself in mind every christian looks upon the future s horizon and imagines a relationship with god ever increasing in vibrancy and strength but how does a christian get there how does a sapling with good intentions actually become an oak of righteousness you might think the answer is regularly read the bible pray often and share the gospel consistently and those practices are certainly part of it but in this book mason king expands your thinking beyond basic spiritual practices which typically emphasize what you must do into a more holistic picture of what a full and flourishing life with god can look like when it is cultivated well focusing instead on who you might become in these pages learn how you can become a vibrant healthy christian by regularly offering to god three main dimensions of your life your attention your emotions and your limits for when you are disciplined in cultivating these environments at the root you will grow into the right kind of tree

A Short Guide to Spiritual Disciplines 2023-03-07 relentless spirituality examines the role that spiritual disciplines played in the life and ministry of a b simpson and provides a behind the scenes look into vital elements of his spiritual formation growth and development this book is written for men and women who want to grow in their faith and to be encouraged by the example of a man who walked with god

Relentless Spirituality 2009-01-01 jesus faced incredible challenges and suffered agonizing trials but there was simplicity in his relationship with his father that we can emulate and in that simplicity we can realize our greatest fulfillment as believers if your bible study seems tedious and your prayer life wearisome stop and rediscover how rewarding the simple christian life can be

Simplify Your Spiritual Life 2014-02-27 connect with the life changing ministry of the holy spirit disciples of the holy spirit shows how a dynamic close walk with god can be yours each day through the ministry of the holy spirit as the energizer of your faith the spirit wants to bring you into a transforming communion with christ he wants to empower you to love your enemies live without fear and give generously out of an inner abundance your part simply yielding to him through the following spiritual disciplines solitude helping you draw near to god for spiritual growth and vigor surrender helping you surrender to god s will and purpose for your life preparing you for effective ministry service helping you move into fellowship with others and partnership with god in reaching a broken world as you practice the spiritual disciplines your concept of what it means to be a christian will acquire a new life changing dimension you ll grow closer to jesus and your life will increasingly reflect the power and presence of the holy spirit dr tan always has something worthwhile to say his passion for people life and god combined with his extensive professional knowledge make this book an important read larry crabb jr phd counselor and bestselling author a passionate fresh guide for how christians can grow in christ through the traditional spiritual disciplines believers of differing theological backgrounds will find encouragement and wisdom stanton l jones phd author of the god s design for sex book series dr siang yang tan is senior pastor of first evangelical church in glendale california he is also associate professor of psychology at fuller theological seminary a licensed psychologist and the author of lay counseling equipping christians for a helping ministry he lives in arcadia california dr douglas gregg is former director of the office of christian community at fuller theological seminary and a training specialist with intervarsity christian fellowship he is the coauthor of inner healing a handbook for helping yourself others and lives in los angeles

Disciplines of the Holy Spirit 2010-06-15 nathan foster has lived with the spiritual disciplines all his life but has had to find his own unique path as he sought sometimes rebelliously to develop habits that would enable him to live more like jesus he encountered problems both personal and universal gradually he discovered creative new ways to practice disciplines such as fasting meditation and simplicity to live as jesus lived with a foreword from nathan s father richard who provides a fresh introduction to each of the disciplines the making of an ordinary saint invites us to be formed into the likeness of christ s character

The Making of an Ordinary Saint 2014-10-17 details the core disciplines of christianity and discusses how to develop daily habits that honor god

Spiritual Disciplines Devotional 2007-05-30 not your typical spiritual disciplines book most books on the spiritual disciplines follow the same pattern introduce the discipline prove it from scripture and give tips for how to do it habits for our holiness does more than that it connects the disciplines to all of life by showing how the disciplines have their greatest power when practiced in community and on mission philip nation gives christians a bigger reason and greater desire to pursue spiritual disciplines he also warns us of what happens when we neglect them with plenty of examples stories and illustrations habits for our holiness will inspire you to nourish your life with discipline enjoy the fruit of godliness and have a hand in building the church

Habits for Our Holiness 2016-02-22 adele calhoun s spiritual disciplines handbook has become a standard for those who want to expand their knowledge of spiritual practices now this beloved resource has been revised throughout and expanded to include thirteen new disciplines along with a new preface by the author giving us practical guidance in our continuing journey toward intimacy with christ

Spiritual Disciplines Handbook 2015-12-02 the bible and spiritual disciplines explores six pivotal components of classic christian spirituality sabbath intercessory prayer fasting stewardship living into one s call and accountability through these disciplines readers may discover ways of living an intentional and fruitful spiritual life questions are provided at the end of each chapter for further reflection and discussion insights bible studies for growing faith is a fresh and timely bible study series in these short term thematically based resources individuals and groups are invited to find meaning and direction for their lives by exploring the scriptures in a way that is both thoughtful and thought provoking

Marriage Spirituality 1989-12 scripture provides insight into additional disciplines 17 in all and each is essential for strong spiritual development this book introduces these disciplines and provides biblical proofs as well as present day illustrations to show how god uses them to increase our capacity for enjoying him

The Bible and Spiritual Disciplines 2010-04-01 practices such as prayer worship fasting and solitude will take on new dimensions of richness as readers discover how these things can draw them into a deeper delight in god

Intimate Faith 2009-09-26 are you watchful in your christian life although watchfulness is not as familiar as spiritual disciplines like meditation prayer and fasting it is just as necessary for a healthy spiritual life scripture exhorts all christians to be watchful regardless of their station and season in life in watchfulness brian hedges provides a fresh look at the what why how when and who of watchfulness drawing principles from scripture and instruction from believers of the past who have understood this discipline and written about it designed for reflection self examination and personal application with examine and apply questions at the end of each chapter this book will chart your course toward greater watchfulness increased holiness and deeper communion with the triune god

Spiritual Disciplines 2003-11-01 are you interested in a deeper relationship with the lord here is a book that can get you started on that relationship regardless of whether you are a new christian or have been a christian for years caldwell will take you on a challenging introduction to the spiritual disciplines this resource is great for individual use but would also make an outstanding series for a sunday school class or small group study

Watchfulness 2018-02-22 in the six session video based bible study the life you ve always wanted award winning author john ortberg teaches participants the skills essential to running the marathon in the christian life this leader s guide is designed to facilitate a class small group or retreat working through the material in the life you ve always wanted study

Intimacy with God 1995-12 ronnie floyd has seen his church grow tremendously as a result of his biblical teachings on spiritual disciplines such as prayer and fasting as the conservative evangelical counterpart to richard foster s the celebration of discipline floyd s book explores nine essential spiritual disciplines of the christian life with chapters such as he s god not just your buddy confess and be filled and every choice is a god choice life on fire shows believers how living a radically committed passionate and purposeful life in christ is both possible and fulfilling

More Than Wanderers 1985 this updated companion guide to spiritual disciplines for the christian life see description below takes you through a carefully selected array of disciplines that will help you grow in godliness ideal for personal or small group use drawn from a rich heritage spiritual disciplines for the christian life will guide you through a carefully selected array of disciplines by illustrating why the disciplines are important showing how each one will help you grow in godliness and offering practical suggestions for cultivating them spiritual disciplines for the christian life will provide you with a refreshing opportunity to become more like christ and grow in character and maturity now updated and revised to equip a new generation of readers this anniversary edition features in depth discussions on each of the key disciplines

The Life You've Always Wanted 2004 spiritual strength like surgical skill or athletic excellence requires training and practice have you been wanting to cultivate a deeper walk with god let patrick morley help you craft a personalized set of spiritual practices in his updated expanded book a man s guide to the spiritual disciplines you will discover twelve energizing habits that can strengthen your walk with jesus including experiencing god in creation letting the bible change your life learning the power of prayer grasping god s greatness through worship gaining strength through sabbath thriving through fellowship succeeding through wise counsel and more morley presents each discipline with a concise overview relatable stories and application ideas this powerful guidebook will help you develop the maturity every man of god was designed to reflect with an all new focus on the next generation of men this book includes updated illustrations and statistics twelve energizing habits that can strengthen your walk with christ and a new expanded section to create your own action plan for the spiritual disciplines

Life on Fire 2004-04-17 we need not be well advanced in matters of theology to practise the disciplines writes richard foster the primary requirement is a longing after god celebration of discipline richard foster s guide to the classical spiritual disciplines has enriched the prayer and spiritual growth of thousands this carefully designed

and practical workbook puts the bestselling book into practice offering new ways to experience the spiritual disciplines and integrate them into daily life

Spiritual Disciplines Journal 2021-03-07

Spiritual Disciplines for Urban Christians 2021

Spiritual Disciplines for the Christian Life 2014-07

Spiritual Disciplines for Everyday Living 1982-01-01

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