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ability to decode others intentions and behaviors to plan actions fitting with social and moral besides individual and economic considerations these sociocognitive functions play an important role in adaptive social behaviour by enabling the perception and interpretation of other people s intentions dispositions and behaviours during social exchange and are also crucial in the generation of contextually relevant and appropriate social responses 14 abstract the term social cognition generally refers to the mental operations that underlie social interactions including the perception and interpretation of the intentions dispositions and behaviors of others and the generation of a response to these behaviors social factors such as social cognition skills scs and social determinants of health sdh may be vital for mental health even when compared with classical psycho physical predictors demographic physical psychiatric and cognitive factors stephen chew and i created a framework the cognitive challenges of effective teaching to help guide teachers through the challenges that each of these factors presents chew cerbin 2021 the framework consists of nine cognitive challenges that can impede students learning see table 1 social cognitive theory claims that learning occurs in a social context with a dynamic and reciprocal interaction of the person environment and behavior social cognitive theory posits that people are not simply shaped by that environment they are active participants in their environment introduction effective interpersonal relations rely on social cognitive abilities 31 68 and are a core feature of adaptive functioning and social competence in childhood and adolescence 31 51 55 in turn inversely associated with psychopathology 9 12 20 47 53 sct is relevant to patient education for three reasons first this theoretical approach brings elements of knowing feeling and behaving into a synergistic complex second it suggests that there are varying avenues for explaining behavior conclusion social cognitive theory is a general theory that stresses learning from the social environment from its early focus on observational learning through modeling social cognitive theory has expanded in scope to address such processes as motivation and self regulation social cognitive deficits have traditionally been linked with autism spectrum conditions however a recent paper from cambridge cognition suggests that deficits in social cognition are exhibited across a range of neurological psychiatric and developmental disorders

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